



Heart of the Matter

A Christian Community Building Households of Faith

Sr. Agnes retires - The end of an era

By Mary Kay Head

Most parishioners at Sacred Heart cannot remember a time when Sr. Agnes Schlereth was not present. Her tenure in the parish spanned 24 years and three pastors. She certainly had a gift for involving people in projects, not only to benefit the parish and the Columbia community but on the national and global scene as well.

She had been called "Agnes of God" by one pastor, noting her work for and with the poor and underprivileged. She is known by sight and name by every group in town that works for social justice. Her ability to involve others, to guide and mentor, are qualities that have endeared her and will insure that her legacy will live on.

Sr. Agnes touched the lives of many with her quiet but steady resolve to make the world a better place. Her way was such that one just couldn't say no to any request she made. Norm Cox admitted he wasn't sure if it was her eyes or her smile that was so hypnotic, but he found himself saying yes to things he had never dreamed of doing.

Her work within the parish enhanced programs already in existence, such as the annual parish bazaar. This was not a new program, but under her tutelage, this event was consistently the greatest money-maker in the parish.

New programs introduced during her tenure include the banquet for the poor, Wednesday Lenten soup suppers, and the Lenten dinner. These have become traditions at the parish that will continue into the future.

To honor this lady for her 24 years of service to Sacred Heart, a dinner and roast was held. Mark Thomas, who headed the planning committee, said, "Sr. Agnes's retirement party was really a labor of love. We planned for about three months and had great participation from a large number of people. We hope that everyone enjoyed the party. I personally thought it was a beautiful celebration in honor of



Sr Agnes Schlereth C.P.P.S., has retired after 70 years of service.

an incredibly special person."

David White, a member of the committee, shared, "That was the most heart-warming event that I have attended in years. There was so much love in that room that it brought me to tears more than once. I was so grateful to have the honor of being able to be a part of such a celebration of the life of someone who walks in the footsteps of our Lord and inspires others to do so."

What do you do for someone who has done so much? Sister didn't want anything for herself. Her thoughts turned to the parish. She felt the alcove containing the statue of Mary could use some attention. The statue itself was showing its age and was in need of re-conditioning. The make-over will include moving the statue to its height when it was on the original 1914 altar. This will include plaster work but will also accommodate electrical work at the same time. There will be a halo made of glass that will be illuminated with low energy lighting to send an aura of radiance to the viewer, possibly to engage thoughts and prayers illuminating the magnificence of Mary's faith and selflessness in following God's calling.

Sister was gifted with a 37" HD Vizio TV and a promise to pay for one year's cable TV subscription in O'Fallon, MO; a baseball Cardinals jersey and cap; four box seat tickets to the baseball game vs. the Cubs in St. Louis, MO, Sept. 20; a gift certificate for dinner at Lorenzo's on the Hill; and money for transportation. Sister also received a voucher for four box seats to a Cards-Cubs game of her choice next year in Chicago, IL; along with funds for transportation to and from Chicago; lodging at a nice hotel; and spending money for her visit to the Windy City.

Folks donated approximately \$800 to the Sacred Heart Foundation on behalf of the Sister Agnes Schlereth Endowment for Social Concerns. And, per Sister's request, any gift funds remaining will be donated to Sister's religious community, Sisters of the Most Precious Blood in O'Fallon, MO.

Sacred Heart will always be grateful for the years of service this gifted woman offered. "Agnes of God" was a fitting title for Sr. Agnes. She will be remembered not only for the woman she is, but for her love and concern for those less fortunate, and the dedication she brought to the task of working for social justice for all.

See more photos on pages 4 and 5

Sacred Heart Knights of Columbus council receives Charter



(Left) State Deputy Greg Stratman presents the Charter for Council 14414 to Grand Knight Steve Sutter.

(Right) Members of Council 14414; along with District Deputies Lucas Volkman and Rich Erwin; State Deputy Greg Stratman; and Fr. Steve Kuhlmann, O.P.; stand around the newly presented Charter. The Charter will be placed on permanent display in the Activity Building.



Birthdays

- Sept. 16 Ronald Armentrout, Connie Caffrey, Stephanie Dupree, Kieran Malloy
 Sept. 17 Jessica Miller
 Sept. 18 Christina Amjad, Paige Brothers
 Sept. 19 Leslie Adrian, Steven Dupree, William Fandek, Kristin Green, Arnold Kurtz, Forrest Perkins
 Sept. 20 Celeste Arnold, Katherine Burkett, Marilyn Hanna, Jennifer Rodriguez
 Sept. 21 Jeanna Glaubitz, Kimberly Musket, Kristin Riney
 Sept. 22 Lukas Adrian, John Donelon, Jean Feltz, Clayton Neuner, Graham Riffle, Sara Torres
 Sept. 23 Kevin Borisenko, Doloris Campbell, Joseph Kropac, Karen Laird, Lynn Thornton
 Sept. 24 Steve Fedenia, Larry Glaubitz, William Grus, Isabel Rife
 Sept. 25 Shelley Gutterman, Francis Moynihan IV, Paula Thomas, Michelle Wiley
 Sept. 26 Cyrus Amjad, Vicky Anaemena, Mayra Long, Claire McKenney
 Sept. 27 Nicholas Kalaitzandonakes, Joanna Szarnecki
 Sept. 28 John Aguilar, Robin Aguilar, Dayton Grover, Jared Ziegelbein
 Sept. 29 Roslyn Bourgeois, Thomas Hermann, Paul Land
 Sept. 30 Barbara Ridenhower, Brenda Spell
 Oct. 1 Robert Franklin, Kyle Harris, Konnie Huisman, Cassie Johanningmeier, Andrew Ruprecht
 Oct. 2 Doug Boyer, Tway Branstetter, James Evans, Christine Fuller, Aaron Ghidey, James Richmond, Laura Rutter, Erich Sartor
 Oct. 3 Dorothy Gallo, Vernon Shaw, Steven Thomeczek, Katherine Vradenburg

(Editor's Note: Birthdays for Sept. 1-15 were published in the August issue. In subsequent issues, birthdays for the month of issue will be printed.)

CCS News and Updates

By Raelene Head

I hope everyone has had a good start to the school year and everyone had a great time at the Ice Cream Social Wednesday, Aug. 5. I really enjoyed getting to know everyone better and welcoming our new families. (If you couldn't make it, you missed a great time. I hope you can make it to the next get-together.)

The new doors at CCS are almost complete and the hope is that the keycard system will be up and running by the second week of school. The doors look very nice. Stop by and see how wonderful the school is looking. Also, if you weren't aware, a private donor donated security cameras for the school.

One of the focuses of this year with the school board is to have increased communication. All of the school board minutes are posted on the CCS website. You may access them there or from the link on Sacred Heart's website. There is a one month

delay for the most current meeting minutes because they can't be posted until approved at the next meeting. The school board meetings for next year are as follows: Sept. 21, Oct. 26, Nov. 30, Jan. 25, Feb. 22, March 22, April 19, and June 7. They will be held in OLL parish office conference room. Please feel free to attend any of them.

Another focus this year of the school board is working on community building between the church and school. It will include not only OLL, but all the parishes. I am excited about this and look forward to the strengthening of the Catholic community here in Columbia.

Last, the board will be working more on getting a new/updated Long Range Plan in place for the school. If you have an interest in being a part of this, let the Building and Grounds Committee know. The members of this committee are: Sherri Barnes, Angela Brownfield, Stacy Brumfield, and Ron Graves.

CCS Events

- Sept. 10 Home and School meeting
 Sept. 18 Home and School Back to School Social
 Sept. 29 Grade 2 parents' Reconciliation meeting, 7 p.m., Flanagan Hall
 First interims come home

The Door is Open!



The Knights of Columbus is an organization of Catholic men (ages 18 and over) founded on the principles of charity, unity, fraternity, and patriotism. For information about Council 1529, contact Tony Speichinger (573-443-8648). Come join us!

Alzheimer's: One Couple's Journey



Having a family member diagnosed with Alzheimer's Disease is frightening. Many questions will arise, and answers can be difficult to find. This book can help.

Single copy price is \$12.95

Send orders to: Sarah Memorial Fund
 2000 E. Broadway #224, Columbia, MO 65201

Inquiries may be directed to: wheidlage@aol.com

Knights of Columbus Council 14414 Handyman Ministry

If you need help with projects around the home or in the yard, call Rick Clawson at (573) 491-3399 or email ClawsonRandG@wmconnect.com.

Payment for the service is not required, but donations are accepted by the council and are used to support the parish.



Meeting the
 long-term purposes
 of our parish

To Be An Angel Forever

Write to:

The Foundation

PO Box 10263, Columbia, MO 65205-1263

Heart of the Matter
 Sacred Heart Parish
 Columbia, MO

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The Church and health care reform

By Carl Franks

As I write this, Congress is in its August Recess and President Obama and the congressional Democrats are attempting to “reform” America’s health care system. Nowhere is the debate raging more as whether or not to support this particular reform proposal than in the Catholic Church. Popular sentiment, seen in passionate town hall meetings held by members of Congress with their constituents, is highlighting the contentious nature of the debate. Rarely, in recent American history, have so many citizens been so well informed on an issue (better informed than many of their elected representatives, as anyone who saw Senator Claire McCaskill’s now infamous “Don’t you trust me?” town hall meeting can attest).

The 1,017 page HR 3200, “America’s Affordable Health Choices Act of 2009,” is the latest national health care reform bill and the most expensive, at 1 billion dollars per page of the bill, for a total of 1.2 trillion dollars. (To date, President Obama has not submitted a detailed health care plan. The Obama/Biden website lists a broad outline of general goals the administration would incorporate into a health care bill, but no specific bill has been proposed by the administration.)

Democrats who support socialized medicine (the bills have little to virtually no Republican support in either the House or Senate) cite the Canadian, British, and Cuban (sic) systems as models. But, these nationalized health care systems are plagued with patient delays, cost overruns, and the inevitable rationing of care.

In fact, the in-coming president of the Canadian Medical Association, Dr. Anne Doig, told *The Canadian Press* Aug. 15 that “we all know that the (Canadian nationalized health) system is imploding. We all agree that things are more precarious than perhaps Canadians realize. We know that there must be change. We’re all running flat out. We’re all just trying to stay ahead of the immediate day to day demands.”

This current debate is much more than academic because the effects of any reform on Catholic

hospitals and health care professionals could have very real consequences, immediately and long term. For example, Auxiliary Bishop Thomas Paprocki of Chicago warned last November that such a proposed bill would have “devastating consequences,” even to the point of closing all Catholic hospitals in the country; that’s one third of all hospitals.

This is no idle threat. Because HR 3200 contains no “conscience clause,” which allows religiously affiliated individuals or organizations to “opt out” of any health care plan which includes an abortion provision, Church affiliated organizations would be forced to perform abortions and offer abortion provisions in employee health care plans or cease services. In fact, as *Slate.com* reported, the USCCB has already declared that any Catholic institutions closed because of the bill’s restrictions would not be resold to other providers since that would be “material cooperation with an intrinsic evil.”

Both liberal and conservative voices are well represented within the Church. On Aug. 14, Raymond Arroyo devoted an episode of *The World Over* on EWTN to Catholic positions on health care reform. Sr. Carol Keehan, of the Daughters of Charity and President of the liberal Catholic Health Association (CHA), and Judi Brown, of the Catholic conservative American Life League (ALL), debated the effects of some parts of the House of Representatives bill on Catholic health care and teaching. Not surprisingly, abortion topped the discussion, centering upon HR 3200’s position on taxpayer funded abortions.

President Obama, in a July 21 interview with Katie Couric on the CBS Evening News, deflected the issue. “Rather than wade into that issue at this point,” the President said, “I think it’s appropriate for us to figure out how to just deliver on the cost savings, and not get distracted by the abortion debate at this station.”

However, two years earlier, in July of 2007, at a Planned Parenthood Action Fund meeting, the future President said that abortion was “at the center, the heart of” his health care plan, and that “The first thing I’d do as president is sign the Freedom of

Choice Act.” (FOCA is a bill sponsored by Sen. Barbara Boxer {D-CA} that would remove virtually all national restrictions on abortion.) Even though Sr. Keehan stressed that the CHA opposed funding abortions, she was constrained to admit that, if any version of the bill passes, abortion will be guaranteed, and with very few restrictions.

Similarly, in his July 22 press conference, President Obama repeated his claim that there are “47 million Americans without health insurance.” Is this number correct? Who, exactly, is included in it? *CNSNews.com* Editor-in-Chief Terence Jeffrey examined the U.S. Census Bureau’s data for 2007, which reported 45.65 million Americans as uninsured, and found that 9.1 million of those individuals made more than \$75,000 a year and chose not to purchase insurance. Additionally, 9.73 million foreigners (non-citizens and illegal aliens) living in the U.S. were included in the overall figure. Thus, the actual number of uninsured Americans was about 26.82 million. But, even this figure was deceiving because almost half of these individuals (13.41 million) were between the ages of 19 and 24, i.e. young adults seeking first jobs. Further, as Julia Seymour at the Business and Media Institute found, of the remaining 50 percent, about 45 percent (a little over 6 million) reacquired or acquired health care after switching jobs or obtaining a job. A closer representative figure, then, would be about 8 to 9 million long term (i.e. more than one year) uninsured, a far cry from the popular 47 million figure. Given that the population of the U.S. is over 300 million, why socialize the entire nation’s health care system to cover, essentially, 8 to 9 million people? There are other options.

God told the prophet Hosea, “My people perish for want of knowledge!” (4:6) Regardless of your position on health care reform, the crucial element to this debate is knowing what is in the respective bills (there are several in both the House and Senate). All of the congressional versions are available online in one place, at www.cprights.org/plans, and individually at the House and Senate web sites. There still is time to make your voice heard.

A primer on the different types of love

By Tim Pingelton

Larry loves peach cobbler, Sacred Heart Church, and God. But does Larry really regard peach cobbler, the church, and God with the same type of love? There are different types of love and most notable thinkers since Plato have defined love and written about its different aspects.

Peach cobbler makes Larry happy, and, while a love of peach cobbler can be quite strong, this type of selfish love is not part of the virtue of love noted in Scripture. In *The City of God* (written from the year 413 until 426), Saint Augustine wrote that selfish love can be good or evil: “The right will is, therefore, well-directed love, and the wrong will is ill-directed love.” It is right for Larry to love peach cobbler as long as that desire does not dominate a higher, selfless love.

Larry’s love of Sacred Heart Church demon-

strates the type of love commonly termed “caritas.” He offers his time, treasure, and talent to the church selflessly. He feels it is right to do this. This is the selfless love noted in the scriptural reading recited at so many weddings: “Love is patient. Love is kind. It does not envy...” Concluding that reading from 1 Corinthians 13, St. Paul writes, “And now there remain faith, hope, and charity, these three: but the greatest of these is charity.” In theological discourse, caritas is often seen as a component of “agape,” a love of God.

Larry’s love of God is agapic love. “Agape” is a relatively modern term referring to the selfless, self-sacrificing love for God. This love involves unity with the divine, and agape is occasionally used to denote the Eucharist. Agape is the love of the primary commandment quoted in the Holy Gospel of Jesus Christ according to St. Mark. There is no love

superior to agapic love.

Some philosophers note other types of love such as “philia,” meaning brotherly love, but the main distinction among the types of love is the degrees of selfishness or selflessness. Christian love is selfless, but selfish love certainly exists and can be directed toward the good or the bad.

“Love” is a word bandied about loosely in song lyrics and conversation. It is a topic of study throughout the world and in all eras of humanity. Using old texts from Ovid and other thinkers as springboards, modern scientists have begun to seek a scientific definition of love. Neurologists and other medical professionals are using cranial CT scans and electron microscopy to study love.

Peach cobbler in the summer is indeed a great treat, and Larry is not the only person who loves it. But nothing can compare to the true, selfless love of God.

Parish celebrates with Sr. Agnes Schlereth



Sr. Agnes with Diane Brukhardt, M.D.

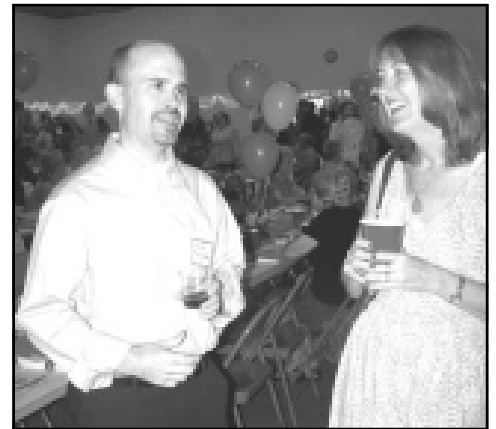


Celebrating together are Sisters Maggie, Agnes, Barbara, and Rose.



(Left) Sr Agnes with John Schrum.

(Right) David Puderbaugh (back for the special celebration) with Beth Cunningham.



Dave and Joanne Rotert congratulate Sr. Agnes.



Special guests sharing the head table are David Puderbaugh, friend and former Sacred Heart Director of Music and Liturgy; Sam and Karin Bell, long time friends; Sr. Agnes; Fr. Gene Martens, S.J., a former student of Sr. Agnes; Sr. Joanne Rataj, C.P.P.S., also a former student; and Sr. Isabelle.

Sr. Agnes' celebration (continued)



Norm Cox was taking no chances. He donned his "lightning rod cap" before daring to roast Sr. Agnes.



Mark Thomas presented gifts.



(Left) Along with tickets to Cardinals vs. Chicago Cubs games (both in St Louis and in Chicago), Sr. received appropriate apparel to wear to the game. The ball cap was accompanied by a red Cardinal's shirt.



Sr. Agnes was presented an artist's depiction of the planned enhancement of Mary's alcove by Kathy Miller.



The crowd gave a well-deserved standing ovation to honor a woman who has left her mark on Sacred Heart Parish and the community.

Parish financial bottom line looks good

As you look at the Statement of Change in Net Assets for the past fiscal year (July 2008-June 2009, below) I want to point out just a few things. The first is that compared to the previous year 2007-2008, (remember this is not a calendar year but a fiscal July-June year) Offertory Collections were down approximately \$15,000. I will be honest with you: 2007-2008 was a very good year for Offertory



**Rev. Steven Kuhlmann, O.P.
Sacred Heart Pastor**

Collections. Notice as well that total expenses were about the same as the last fiscal year.

Now for some good news: If you look down at the Maintenance & Restoration Activities box, collections increased significantly. This increase is

due primarily to a very large donation by a family that used to be in the parish. This family still remembers us and had heard of our current maintenance needs and responded generously.

The bottom line looks very good, and it is. Thank you to everyone who helped make this past fiscal year a good one for us financially.

Finally you will see at the bottom we have net assets of \$250,000. Most of that money is already accounted for as the protective glass for our stained glass windows is in process. This will take some time as the frames will have to be custom made in New York and then shipped here. Once here, glass will have to be put into those frames and then finally they will be installed toward the end of the calendar year.

Another big project is the renovation of the former rectory into a multi-purpose gathering space. Because we are changing uses for the building, we are required to follow current city codes; which means, in short, that we have a lot of work to do.

The space is changing from a residence for three people into a building that 130 people can use at the same time. We have to add a second exit point on the upper floor, fire proof all levels and rooms, update the heating and air conditioning systems, and many other safety features into the renovation.

In addition to these two projects we are going to seal and repaint the main parking lot, adding more handicap spaces with new required signage for those spaces. Some concrete needs to be replaced on the campus and some tuck-pointing work will be done soon. We have some further tuck-pointing work to do high up on the church, which will be expensive. We have outdoor drainage issues near the Activity Building. And we want to replace the flooring of the church. These are all signs that we are a growing, vibrant parish and I think these things prove that we are just that.

Thank you for helping to be a growing, vibrant parish, continuing to build *Households of Faith*.

SACRED HEART CATHOLIC CHURCH

STATEMENT OF CHANGE IN NET ASSETS

For the year ended June 30, 2008 and the year ended June 30, 2009

	06/30	06/30	Budget, FYE 6/30/2009	Percent of Budget
OPERATING ACTIVITIES				
REVENUES				
Offertory Collection	\$555,610	\$529,551	\$548,000	97%
Bequests	0	500	0	N/A
Interest Income	1,578	766	200	383%
Other Administrative Revenue	10,509	13,286	7,500	177%
Weddings	3,710	4,180	5,000	84%
Liturgy Revenue	1,548	5,638	1,500	376%
Columbia Catholic School	87,675	83,118	88,000	94%
Faith Formation	8,466	2,383	2,900	82%
Social & Fundraising Activities	21,615	24,833	21,200	117%
Hispanic Ministry	0	3,704	7,200	51%
Rental (Columbia Independent School)	32,650	48,000	48,000	100%
Diocesan & Other Collections	13,079	13,704	16,000	86%
Total Revenues	\$736,440	\$729,663	\$745,500	98%
EXPENSES				
Salaries & Taxes	\$182,276	\$180,154	\$191,000	94%
Staff Benefits	90,108	95,640	106,440	90%
Property & Casualty Insurance	13,051	12,715	14,000	91%
Utilities (Church & Office)	27,290	33,129	31,500	105%
Diocesan Assessments	47,715	45,238	45,238	100%
Professional Fees & Services	8,300	9,025	8,400	107%
Other Admin. & Operating Expenses	46,741	54,130	56,600	96%
Salaries & Taxes (Liturgy)	93,736	85,821	95,500	90%
Liturgical Expenses	11,648	7,829	12,325	64%
Columbia Catholic School Assessment	113,451	114,780	118,000	97%
Faith Formation	11,598	9,815	12,190	81%
Poor	15,889	14,055	20,000	70%
Social & Fundraising Activities	8,234	9,255	10,200	91%
Hispanic Ministry	0	3,121	7,200	43%
Diocesan & Other Collections	13,079	13,704	16,000	86%
Total Expenses	\$683,116	\$688,412	\$744,593	92%
Revenue Over (Under) Expenditures	\$53,324	\$41,251	\$907	4548%
MAINTENANCE & RESTORATION ACTIVITIES				
REVENUES				
Maintenance & Restoration Collections	\$66,728	\$186,220	\$41,000	454%
EXPENSES				
Improvements to Buildings	\$107,221	\$36,514	\$80,000	46%
Maintenance & Repair	24,710	25,796	25,500	101%
Total Expenses	\$131,931	62,310	\$105,500	59%
Revenue Over (Under) Expenditures	-\$65,203	\$123,911	-\$64,500	-192%
Change in Net Assets	-\$11,879	\$165,162	-\$63,593	-260%
Net Assets at June 30, 2008	\$87,199	\$87,199		
Net Assets at June 30, 2009	\$252,361	\$23,606		



A comprehensive faith formation process

“In the ways of God, he who does not progress loses ground.” - Latin proverb

Why Catholic?

- a concrete approach for evangelization and adult faith formation
- fosters the goals of *Our Hearts Were Burning Within Us* and *Go and Make Disciples*
- combines the best of faith-learning, faith-sharing, and faith-living

Why Catholic? was developed by
RENEW International

Year One: The Profession of Faith - What we believe

Sign-up weekends:

Sept. 12/13

Sept. 19/20

Sessions 1-6: Oct. 4 - Nov. 14



Connect the richness of our Catholic faith to everyday life.

Why Catholic?: The Basics

Are Catholics ready and able to “go and make disciples”?
 ...secure in their beliefs?
 ...willing and able to share their faith with others?
 ...prepared to pass along the faith to their children?
 ...making the connection between faith and daily life?

The U.S. bishops’ document *Our Hearts Were Burning Within Us* tells us how, as disciples of Christ Jesus, we are to share in proclaiming the Gospel to the world:

“Every disciple of the Lord Jesus shares in this mission. To do their part, adult Catholics must be mature in faith and well equipped to share the Gospel, promoting it in every family circle, in every church gathering, in every place of work, and in every public forum. They must be women and men of prayer whose faith is alive and vital, grounded in a deep commitment to the person and message of Jesus.”

Why Catholic? is designed to make this goal a reality.

WHAT IS IT? An adult **faith-awakening experience** based on Scripture, the Catechism of the Catholic Church, prayerful discussion and faith sharing in the form of weekly 1 ½ hour sessions - six in the fall and six during Lent - by groups of 8-12 persons, one or two of whom will serve as group leaders. Over a 4 year period, participants will examine 1) **what we believe** - the Creed, 2) **how we worship** - the Sacraments, 3) **how we live**

- the life of Christ, and 4) **how we pray** - prayer. *Why Catholic?* is designed to help parishioners to deepen their Catholic faith and to answer Christ’s call to evangelize by becoming better at sharing that faith with family, friends, and community.

WHEN IS IT? The first six sessions will run from the weeks of Oct. 4 to Nov. 8, 2009. The next six will run from the weeks of Feb. 14 to March 21, 2010. Sessions will be held at various times throughout the week.

WHERE WILL IT TAKE PLACE? Small faith groups can meet at various locations. Some may be in homes and others in meetings rooms at Sacred Heart.

WHAT MATERIALS WILL BE ON HAND? A Bible, the *Catechism of the Catholic Church*, a candle. Every participant will be provided a book for each year’s sessions. Leaders may have a CD player if music is incorporated into the meetings. Also, leaders may provide simple refreshments or arrange to rotate that offering among participants.

IS THERE TRAINING FOR GROUPEADERS? Yes.

WHAT WILL SMALL GROUPEADERS DO? Guide the group through each session, encouraging participation and faith sharing.

For additional information, go to www.whycatholic.org

Overview of Year One, The Profession of Faith: What We Believe

Part One of the *Catechism* is structured around the Apostles’ Creed and states the central beliefs of our faith.

Week One, Oct. 4-10 -- Desire for God

Within each person is a deep yearning for the holy. God also deeply desires our hearts and our love. We come to know God through the world’s order and beauty, through openness to truth and beauty.

Week Two, Oct. 11-17 -- God’s Revelation: Tradition and Scripture

Our search for God also includes the witness of others who teach us about God. The teachings of Jesus were handed down through Sacred Tradition and Sacred Scripture. The Church gives us guidance and criteria for interpreting Scripture.

Week Three, Oct. 18-24 -- Faith: I Believe, We Believe

It is the Holy Spirit that enables us to believe. The basic truths of our faith are contained in the Apostles’ Creed and the Nicene Creed. Faith is an entirely free gift. It is more certain than all human knowledge because it is founded on the very word of God who cannot lie. Faith must be freely received, nobody is forced to embrace the faith against his will. Our free response impels us to love Jesus and our neighbor, and to speak to others about our faith.

A Disciple’s Prayer

Loving God and Father, help us to be people of prayer, committed to the person and message of Jesus your Son. Help us to grasp the integrity and beauty of the truths of our faith and the transforming power of your grace. Nourish and strengthen us as people of faith, disciples of Jesus, committed to the mission of the Church and eager to share the gospel without restraint.

Week Four, Oct. 25-31 -- The Trinity

The mystery of the Most Holy Trinity is the central mystery of Christian faith. It is a mystery of love. The Father, Son, and Holy Spirit have specific roles. We are invited to participate in the life of the Holy Trinity.

Week Five, Nov. 1-7 -- The Mystery of Creation

The New Testament reveals that God created everything by the eternal Word, his beloved Son. The Church likewise confesses the creative action of the Holy Spirit. Though suffering and evil came into the world, the cross gives insight into the mystery of suffering. The Christian message is an answer to the question of evil.

Week Six, Nov. 8-14 -- The Incarnation

Belief in the true Incarnation of the Son of God is the distinctive sign of Christian faith. Throughout his public life, Jesus demonstrated his divine sovereignty over this world. The Incarnation is the mystery of the union of the divine and human natures in the one person of the Word.

Next spring, during Lent, sessions seven through 12 will explore the public life of Jesus, the Paschal Mystery, the Holy Spirit, the Church, Mary, and life everlasting. They will be followed by a retreat experience in which we will celebrate the conclusion of our first year of faith enrichment.

Let our hearts burn within us
 as we catch glimpses of your heart in Jesus,
 for through him, we know your loving plan for us.
 We ask this through Jesus the Christ who lives with you
 and the Holy Spirit in one loving Trinity. Amen

(Please pray *A Disciple’s Prayer* for the success of *Why Catholic?* in Sacred Heart Parish and the Diocese of Jefferson City.)

What will a session be like? - Here is an example

Session 7

The Public Life of Jesus (Abbreviated from *The Profession of Faith*)

Pray together

The session always begins with a prayer that ties into the theme.

Exploring the Catechism

(One person reads for all the groups.)

Who is this person Jesus? We know that he was both human and divine. Yet who was this Jesus as he lived and walked on this earth? **Almost nothing is said about his hidden life at Nazareth, and even a great part of his public life is not recounted (514).** Yet we do know a lot about Jesus and everything that has been written down in the gospels is given to us so that we might believe and have life in Jesus' name (514). All the mysteries of Jesus' life reflect "God's love... among us" (1 John 4:9)(516).

Jesus was sent by his Father to show us how to live and to love and in so doing, he was nailed to a cross. He did not come in a lofty manner as a great ruler or king, but rather as a humble servant who endured the cross. Jesus came to be *our model*. He gave **us an example to imitate, through his prayer... and... his poverty (520).**

Scripture: Pondering the Word -- Luke 4:14-21

Sharing Question

* How is Jesus a model for me?

Continued Exploring the Catechism

(One person reads for all of the groups.)

Jesus is Lord and Savior. **By attributing to Jesus the divine title "Lord," the first confessions of the Church's faith affirm from the beginning that the power, honor, and glory due to God the Father are due also to Jesus, because "he was in the form of God," and the Father manifested the sovereignty of Jesus by raising him from the dead and exalting him into his glory** (cf. Romans 10:9; 1 Corinthians 12:3; Phil 2:9-11) (449). Jesus' divine redemptive mission was expressed in his human love and compassion for all.

His character and teachings were so attractive that people were constantly following him. They were amazed not only at what he did, but at how he spoke and the way he lived. Although Jesus was loving and forgiving toward those who were needy, sick, and repentant, he was challenging to those who were haughty and self-righteous. So often in the Scriptures, we hear that Jesus went away to a lonely place to pray. Jesus' goodness flowed from his relationship with his loving Father. Jesus taught us to depend on God and place our trust in the Father as He did.

Many times Jesus' words come in the form of parables. Parables are stories or metaphors that communicate a particular point. Jesus used metaphors that came from the experience of the ordinary life of the people. The reign of God is like a mustard seed. The reign of God is like a pearl of great price. **Through his parables (Jesus) invites people to the feast of the kingdom, but he also asks for a radical choice: to gain the kingdom, one must give everything. Words are not enough; deeds are required. The parables are like mirrors...: will (we) be hard soil or good earth**



for the word? Jesus' parables challenged not only the people of his time, but they challenge and instruct us today.

We learn from Jesus how to be loving and forgiving, how to look to God for all our needs, how to become humble and open. We learn that God is trustworthy and that we can put our life completely in His hands. From Jesus, we come to know God because Jesus is the complete and total revelation of God. If we look at the life of Jesus, we find a person who is a model of love, our Savior and Redeemer.

Sharing Our Faith

Who is Jesus to me? Why do I believe in him?

What favorite gospel story helps me understand who Jesus is?

Living the Good News

Determine a specific action (individual or group) that flows from your sharing. This should be your primary consideration. When choosing an individual action, determine what you will do and share it with the group. When choosing a group action, determine who will take responsibility for different aspects of the action. The following are secondary suggestions:

- * Make a commitment to read and pray the Scriptures each day.
- * Meet someone who is poor and needy and respond to that person's need.
- * Express your gratitude that you have been called to faith by the Church, which continues its mission to make Christ present among us.

Lifting Our Hearts

(Closing Prayer)

Looking Ahead

- * Prepare for your next session by prayerfully reading and studying:
 - **Session 8, The Paschal Mystery: Jesus' Death and Resurrection;**
 - Scripture: Mark 8:27-38 ("The Son of Man must be killed, and rise");
 - Chapter 8 "The Saving Death and Resurrection of Christ" in the *United States Catechism for Adults*.
- * You may also like to consult paragraphs 571 - 682 in the *Catechism of the Catholic Church*. You might also like to use *Renewing Family Faith* and its helpful suggestions on how to extend the fruits of your sharing beyond your group, especially to your families.

Introductory information from session booklets

Introduction

Many Catholics have inherited the faith without knowing why they are Catholic. They have never been exposed to the solid faith formation provided by the *Catechism of the Catholic Church*. For that reason, RENEW International has taken the four parts of the *Catechism* and has developed this series, *Why Catholic? Journey through the Catechism*.

Why Catholic? is an easy-to-use tool to reference, read, pray over, and treasure the rich resources of the *Catechism of the Catholic Church*. We hope participants will study the *Catechism* in greater depth, internalize its teachings, share faith in Jesus Christ, learn more about their faith, and let their faith illuminate every aspect of their lives.

The reflections offer people a taste of the content of the *Catechism*. *Why Catholic?* is not intended to be a compendium or total summary of the *Catechism*, but rather a way for people to try to become more faithful to the teachings of the Church. *Why Catholic?* is a guidebook to the *Catechism*, yet it is much more. It invites participants to a mature faith by nourishing and strengthening the laity in their calling and identity as people of faith.

Faith-Sharing Principles and Guidelines

When we gather as Christians to share our faith and grow together in community, it is important that we adhere to certain principles. The following Theological Principles and Small Community Guidelines will keep the community focused, and help us grow in faith, hope, and love.

Principles

God leads each person on his or her spiritual journey, in the context of the Christian community.

Christ, the Word made flesh, is the root of Christian faith. In and through Christ we come together to share our faith.

Faith-sharing refers to the shared reflections on the action of God in one's life experience. It is not discussion, problem solving, or Scripture study.

The purpose is an encounter between a person and a loving God, leading to a conversion of heart.

The entire faith-sharing process is an expression of prayerful reflection.

Guidelines

Constant attention to respect, honesty, and openness for each person will assist the community's growth.

Each person shares on the level where he or she feels comfortable.

Silence is a vital part of the process. Participants are given time to reflect before any sharing begins, and a period of comfortable silence may occur between individual sharings.

All persons are given the opportunity to share.

The entire community is responsible for participating and faith-sharing.

Confidentiality is essential, allowing each person to share honestly.

Action flowing out of the small community meetings is essential for the growth of individuals and the community.

How to Use the Books

Before coming to the meeting, it is important that participants carefully prepare for the session by reading and reflecting on the session itself, the Scripture passages cited, and the sections of the *Catechism* referenced.

Whenever two or more of us gather in the name of Jesus, we are promised that Christ is in our midst (see Matthew 18:20).

Prayer must always be at the heart of Christian gatherings. Sessions begin with a time of prayer -- **Lifting Our Hearts**. An appropriate song may be sung. Participants share how they put their faith in action -- **Living the Good News**. There is an initial reflection on the *Catechism* -- **Exploring the Catechism**. The next section -- **Pondering the Word** -- offers a Scripture reference. Participants then reflect on what Jesus has said and share their faith on the particular topic. Next, the small community continues **Exploring the Catechism** and then considers the **Sharing Our Faith** questions. In coming to closure, each session offers some ideas for individual or group action -- **Living the Good News**. Here, participants reflect on how God is inviting them to act during the coming week, how to bring their faith into their daily lives. It is important that group members choose an action that is both measurable and realistic. Each session then concludes with **Lifting Our Hearts**.

(Please clip out and mail this form to the parish office if you cannot sign up during September.)



Sign-up

Please mark your first choice with a "1" and your second choice with a "2." You will be contacted by phone or email to confirm your group choice.

- Sunday evening (residence, SW Columbia)
- Monday morning (Sacred Heart)
- Monday evening (residence, SW Columbia)
- Tuesday evening (Sacred Heart)

Name(s) _____

Address _____

Phone Number _____

Email _____

- Tuesday evening (residence, Ashland area)
- Wednesday evening (residence, SW Columbia)
- Wednesday evening (Sacred Heart) (Knights of Columbus only)
- Thursday evening (Sacred Heart)
- Thursday evening (residence, SW Columbia) (families with children)
- Friday evening (Sacred Heart) ("date night")

(If you are unable to attend *Why Catholic?* this fall, please pray regularly for the success of this event in the parish. Thank you.)

Putting new wine in old wine skins

Not to be presumptuous, but it seems safe assuming God never intended to offer this deacon the vocation for or skills required to be a columnist. My thoughts are far too random, disorganized, and particularly remain under or un-developed. Multiple, incomplete threads of ideas and dreams are a way of life for me.



Deacon John Weaver

Not long ago, sitting at a Broadway stop light, I peered into the front window of the Sycamore Restaurant focusing upon a bicycle hanging there. That bike could have been my first bicycle, the one my parent's made me wait until the Christmas following my 12th birthday to receive. Except for a few well placed scratches, dents, and red paint, the match was perfect.

With those memories as fuel my thoughts quickly shifted to the Kansas City apartment that housed the red American Flyer bicycle and then that thread of thought soon suspended to begin thoughts of the Kansas City house that became home as my wife Deidra and I built and raised family. From there thoughts jumped to the feeling I experience every time I return to Kansas City, ever amazed at the myriad of change over the short period of time. (Columbia is home for more than twenty years now.)

You were forewarned of my skills as columnist, but I do have a theme behind all this rambling.

Indeed, I have two interrelated themes. Although I recognized the bicycle style at the outer limits of my vision, I could not even begin to describe the style prevalent in design of today's more modern bikes. And when I approach Kansas City from I-70, my expectation is a 1980s skyline, not a skyline created 10 years into the next century. Many of us find ourselves with a somewhat dated understanding of myriad things, not the least of which is our Catholic faith. Wherever we were when our faith formation suspended, that is the Catholic Church we expect to find from the pew on Sunday.

Such expectation is as dated as the old bike or the once-upon-a-time skyline. Time, experience, need, and knowledge change most things, even things relating to our faith. The changes are not necessarily foundational, just updating modification in the way things are framed or accomplished. Even the old bike or skyline would still be recognized as bike or city to anyone today. Yet, it is certainly more rewarding to ride a modern bike, or shop an expanded Kansas City, or worship and minister in today's Catholic Church.

If I am to be remotely current, if I am to appreciate any advance, if I am to expand my understanding, I need outside help. Without my children's guidance I would never identify the latest musical group, automobile style, language addition, or way of thinking. For such the same reasons our Bishop John Gaydos selected the *Why Catholic?* initiative. This diocesan and parish effort is intended and directed to accomplish for us increased maturity and understanding in our everyday life. *Why Catholic?*

can help each of us become or remain Catholic, or simply better understand the ins and outs of Catholic faith in this current day. Surely you have asked yourself, "Do we still believe that?"; "Whatever happened to Limbo?"; "Why do I have to sing so much?"; "Why can't we sing more?" The list can be almost endless, yet most of the responses are simple and direct. The *Why Catholic?* hope is for each of us to become comfortably current with our own faith so that we might better fulfill our baptismal call to echo the good news of Jesus the Christ to all "who can hear."

My second and related theme is based upon the realization our creative effort derives from our present state of mind. If you ask me to build a bicycle, I will build a single geared American Flyer with chrome handle bars whose brakes are applied by pushing backward on the pedals. Indeed it would be a bike but probably not a good fit for today's trails.

The same concept applies to building or directing parish life. If we are to build and live "current" we must use designers and builders who are, or at least understand, "current." Every single parish ministry benefits from "new blood." Or, as Jesus phrased it "don't waste new wine on old wine skins." Dated, brittle skin won't stretch enough to accommodate the needed growth and change unless massaged and oiled. If you do not yet participate actively in the life of this parish, something more than passive week-end attendance, then please take this as a personal and parish invitation to become what each of us is called to be: light, support, hope, new vision, and good news to others.

Is it over yet?

I'm sure we're all familiar with the saying "It isn't over until the fat lady sings." We wait expectantly for the final notes of an aria, the climax of a thrilling movie, the last strike of the last inning... you get the picture. But for some reason there are about 25 percent of us that walk out of church after receiving communion. Here's a news flash: the Mass isn't over. The Mass is not ended until the priest or deacon says "The Mass is ended. Go in peace to love and serve the Lord." Or, as an aging priest in Gatlinburg, TN said to the church full of vacationers, "The Mass isn't over until I've left the building." I'm sure he had faced his share of empty pews after communion.



Ellyn Forbes
Director of Liturgy and Music

Perhaps it is our understanding of the Mass that is imperfect. If we knew that the Dismissal is a vital part of the Mass, critical to how we live and do our work, we might actually want to stay and participate in the final sending forth.

Gregory F. Augustine Pierce explains in his book *The Mass is Never Ended*: "The word Mass actually comes from the Latin words for the Dismissal, "Ite, missa est," which mean "Go, we are sent forth." Sometime in church history, some people thought this was an important enough part of the liturgy to name the entire thing after it. (Hence, the word Mass is from the Latin missa.) The Latin verb on

which missa is based is mitto, mittere, "to throw or to hurl." Thus we get the modern English word missile from the same verb. We also get the words mission, missionary, and dismissal. So the Dismissal from Mass originally meant that we were being "shot like out of a cannon" back into the world to carry out a "mission" that was central to why we had come together to celebrate the Mass in the first place.

What is that mission? It is as amazing as it is obvious and misunderstood. It is the very mission on which Jesus sent his disciples over 2,000 years ago. That mission, as we have seen, is no less than to transform the world into a place much more like the way God would have things.

This mission is, of course, impossible on the face of it. Not only is it obvious that we, the "people of God" have not succeeded the entire time we have been on this mission, but it is also obvious that we will not succeed in accomplishing it in the future. So why even try?

We try because Jesus asked us to try. In the Acts of the Apostles, Luke says, "For forty days after Jesus had suffered and died, he proved in many ways that he had been raised from death. He appeared to his apostles and spoke to them about God's kingdom" (Acts 1:3). Imagine that. Of all the things that Jesus could have spoken to his disciples about, he picked one thing and one thing only: the reign of God.

So when we are sent forth from the Mass, we are sent forth to go out and try again to help transform the world along the lines that God intended and Jesus preached. When looked at the right way, as "The Sending Forth," the Mass is the perfect liturgy

to help us accomplish this "mission impossible."

And here is the best part. It doesn't matter whether or not the priest or deacon or liturgist or homilist or presider or leader of song is clear on this. Of course, if they are, it would make things easier for us. But all we lay people have to do is be aware that the Mass is designed to send us forth (back into the world), and it will do its job. That's how cool the Mass is.

If we stop and think about the Mass, from the time the Director of Worship welcomes us and sets the tone for the liturgy to the final hymn of sending forth, we will see an arch that encompasses the whole. If you miss the beginning or the end, the arch isn't supported and will fail. Every aspect of the liturgy – Welcome, Word, Offering, Sacrifice, Communion, Thanksgiving, Dismissal – is integral to our celebration of the Paschal Mystery and absolutely vital to our "getting it."

If our being "sent forth" is really what the Mass is all about, then it is an imperative that we be present for the Dismissal, our mission "To love and serve the Lord." Christ sends us forth to spread the Good News, commissions us just as he did the first disciples, to be not only his followers but his leaders. The old priest in Tennessee understood that and wanted to make sure none of us missed the point.

(Excerpted from *The Mass Is Never Ended: Rediscovering Our Mission to Transform the World* by Gregory F. Augustine Pierce. Copyright 2007 by Gregory F. Augustine Pierce. Used with permission of the publisher, Ave Maria Press, Inc., P.O. Box 428, Notre Dame, IN, 46556, www.avemariapress.com.)

The Gran Kermés, a “Gran” Success

The Spanish word “Kermés” is a difficult concept to explain, perhaps only understood by experiencing the event. That’s what many parishioners did Sunday afternoon, Aug. 9. The event was intended as a fund raiser for the parish, and specifically for the expenses of the *Why Catholic?* Program. That is why the planning team for *Why Catholic?* were responsible also for the Gran Kermés.



Sr. Francine Koehler, S.S.N.D.
Hispanic Ministries and
Pastoral Care Coordinator

Those who came realized that the drawing card of a Kermés is the authentic Mexican cuisine offered at the various food booths. Guests are able to choose from a delicious smorgasbord of food items to share with their families while listening to the DJ play folk music or popular Mexican tunes. Bingo for prizes was also available for adults and children alike. The winners of the raffle tickets sold earlier were also chosen.

A total of \$1,541.25 was made from the raffle, food, and bingo games. Plans for next year’s second Kermés would include more food so as not to run out, and perhaps a children’s dance contest. Wouldn’t that be fun?



Gerardo Arzate and his mother who was visiting from Oklahoma.



The Cox family selects food from the many savory items available.



Gabriela Mendez (L) and Janette Trujillo (R) serve drinks.



Pedro Meza and family played music for the crowd.



Maribel Arzate, assisted by children, conducts the raffle.



(Left) Bingo was enjoyed by a number of attendees.



Plates at the ready, attendees share conversation.

People in the Pews: Meet Janet Barnes

By Sophie Pingelton

"I have had an interesting life." That is the phrase smilingly quipped by Janet Barnes, and it certainly seemed apropos after talking to her recently. You may see Janet at any of the masses at Sacred Heart as well as about town.

Janet was born in Mt. Vernon, IL, and proudly celebrated her 80th birthday this year. She has been a foster grandparent to many children in Columbia over the past 15 years through the Columbia Public School system. She assists the teachers at Shepard Elementary School with five classes (each consisting of as many as 22 children) in reading, writing, and arithmetic "and to attempt to turn out gentlemen and ladies." Janet added, "wherever I go in all directions, I hear, 'Hi, Grandma Janet' from children around town. They are wonderful; they're just like your own grandkids."

Speaking of grandchildren, Janet has nine grandchildren and 12 great-grandchildren from her own four children. She has two daughters; Angela of St. Louis, MO and Robin of California; and two sons, Harold of Mt. Vernon, IL and Brian who lives here in Columbia. "The girls came first, and I told my husband that I was going to give him a son for his 30th birthday. Well, I did pretty good, I missed his birthday by only eleven days," laughed Janet.

Janet lived much of her adult life in St. Louis where she married her husband, Harold. Janet shared, "we got married in a panel truck. My



Janet Barnes

husband used a wheel chair, and I didn't think it was right that his bride would be standing and he wouldn't. My aunt and uncle were our witnesses, and the minister married us in the back of the truck with all of us sitting on a panel." Janet and Harold later joined the Catholic Church in 1953 together.

Janet thoughtfully continued. "Harold and I were

inseparable. I made a silent vow to him that he might be able to have all any man could have and make up for any unhappiness he could have ever had." They were married for thirty years before Harold passed away in 1979.

While Janet worked up to 14 hours a day re-touching photos at home for a St. Louis photographer, she also juggled raising her four children. Her husband "did the work of five people" working at Missouri Baptist Hospital in St. Louis before they married and later at Alexion Bros. Hospital. Janet worked re-touching photos for 24 years.

After Harold had passed away, in 1982, Janet decided to move to Columbia to learn computer programming. She finished a two-year program from the Career Center in one year at the top of her class with A plus grades. Janet enjoys doing graphic arts and designing greeting cards on her home computer.

Although she now has to use a wheelchair to get about, Janet's spirited attitude is an inspiration. She concluded, "I have never lived a handicapped life. My parents were told I wouldn't live past 14 because of an accident, and here I am. A man pulled his car over once and said 'You motivate me. I see you everywhere doing everything.' I have always taken what I had and made the best of it."

Indeed, a wise sentiment of which we all need reminding occasionally. And yes, Janet, you do most certainly have an interesting life.

What's on *your* television?

By Glenda Kappelman and Rick Clawson

Until recently, seeing a TV channel labeled as "religious programming" had us changing things pretty quickly. We just weren't interested in someone offering prayer or healing if only we would send a contribution. So we're not sure how many times we skipped over EWTN (the "Global Catholic Network") before something caught our attention, but today we probably check out that station more than any other.

Glenda writes:

A few weeks ago I recommended watching EWTN to a friend who replied, "Isn't that just some nuns saying the Rosary or the broadcast of a Mass somewhere?" Yup, there's that all right. But there's more...

For instance, every Monday evening (and repeated several times throughout the week) is a program called "The Journey Home." For this former Protestant, the stories about becoming Catholic – told in a casual interview style – are fascinating and inspiring and make me feel like a member of a very special, and very blessed, community. There are stories told by former atheists, Protestants, Jews, fallen-away Catholics, Muslims – the list goes on – about how God worked to bring them home to His Family.

On Sundays at half past noon there are wonderful choral concerts, many performed in great European sanctuaries. These are often followed by a program of organ music played on the great instruments of

European churches. Where else on TV can one find such programming?

I watch "The World Over" for in-depth news about global affairs as seen through the eyes of the Church. I often tune into "Catholic Compass" for lively and enlightening discussions by a panel of priests, academics, and theologians on a variety of topics (a recent night was "Eucharistic Adoration" and "Vocations"). Every Thursday evening my husband Rick and I tune into "The Eucharist" and listen as a retreat of young people join with Franciscans to explore through personal everyday accounts the mysteries of the greatest sacrament.

There are afternoon programs (some animated) for kids. There are programs for men, for teens, for widows and for couples, for shut-ins, and for folks hungry for intellectually-challenging presentations on the tube – art, theatre, history, travel, philosophy, architecture, literature, and more. Best of all, there are countless opportunities to better learn what it means to be Catholic.

Rick writes:

I have two weekly programs that I religiously (pun intended) watch. The first is "Fr. John Corapi," which airs at 9 p.m. Saturdays. Fr. Corapi has taped lectures on a wide variety of topics such as the Eucharist, the priesthood, the Sacraments, "Immortal Combat" (the struggle between good and evil), and many others. As Fr. Corapi says, his greatest gift isn't that he can preach effectively (which he can), it's that he tells the truth as taught

by the Catholic Church and doesn't give a (bleep) what anyone else says in reaction to it.

My other favorite program is "G. K. Chesterton: the Apostle of Common Sense." Hosted by Dale Alquist, it runs Sunday evenings at 8 p.m. Chesterton wrote voluminously and he wrote about everything – theology, science, philosophy, art, economics, politics, and religion. He defended the family, marriage, faith, and morality against the fads and attacks of modern-day culture. Chesterton also defended that institution which always is under assault, the Catholic Church. Though he lived and wrote a century ago, Chesterton's words ring as true today as when they were penned.

For awhile we had to tune in and chance that we'd find something of interest on EWTN, but after sending a small gift to support the station, we now receive a monthly TV schedule and can actually plan what to watch.

Since finding EWTN, we've been entertained, educated, inspired, and moved to much deeper appreciation of the Faith. And watching together has effected some wonderful and lively conversations between us, helping us to grow in our faith together.

So, if you have cable or satellite television, look for EWTN (on Dish TV it's channel 261.) And if, when you tune in, it's not something you want to watch, tune in again at another time. Keep trying. We predict that you'll soon be a regular EWTN viewer, and happier for it.

Meet our *Why Catholic?* Planning Teams



Wilfred Fonseca, Nohemi Trujillo, Maria Sosa, Maribel Arzate, and Justo Gonzalez.

By Sr. Francine Koehler SSND

I am happy that the *Why Catholic?* effort of the diocese and of our parish is for all Sacred Heart parishioners, including our Spanish speaking members who are on the "late" Sunday schedule and who rarely have the opportunity to meet and mix with other parishioners. The seven areas of the diocese who serve the Latino Catholic community are all participating in Renew International's evangelization program *Why Catholic?* (*Por qué ser Católico?* or PQSC for short.) Spanish speaking groups are receiving the same preparation and motivation, and have the same excellent materials in Spanish, as English speaking participants. We have been fortunate to have a Dominican religious sister from New Jersey to visit our diocese for the training of promotion teams and small group leaders.

Our team consists of three men and three women from three different countries. We are very grateful for the hours of time and the talents of each of our very committed PQSC Team. Below is a short bio of the members:

Wilfred Fonseca hails from the island of Puerto Rico. In his country he was professor at the Polytec University for about 14 years. Now he is a PhD student in Industrial Engineering with about one more year until graduation. His past service in the church includes serving at Mass as a young man for about eight years with the Knights of the Altar. Now he is active at Sacred Heart as both a lector and Eucharistic Minister. We also used his excellent computer and bilingual skills to create the beautiful flyer to advertise the Kermés.

Nohemi Trujillo was born in Totolmajac, Mexico and later moved to Cuernavaca, Mexico where some of her eight brothers and sisters live. She is married to Tirso Trujillo and they have two daughters, Janette and Nohemi. Nohemi began working as many immigrants do in fast food, but now works at Boone Hospital as a Diet

Technician for the past two years. Nohemi serves as a lector and Eucharistic Minister at the Spanish mass, is active in the newly formed Spanish prayer group, Sangre de Cristo (Blood of Christ) which meets every Saturday evening, and is co-coordinator of the *Why Catholic* Team.

Maria Mendez-Sosa is the oldest of nine brothers and sisters; one of her sisters is Nohemi. She lived about 15 years in Totolmajac before moving to Missouri, where she has lived for over 10 years. Here she met Moises Sosa and they have been happily married for five years. (Moises is our musician and choir director for the Spanish mass.) They are expecting their second child soon. Maria works for the Attorney General's Consumer Protection Division in Jefferson City, where she assists Spanish/English consumers with complaints regarding products or business practices. Maria is a member of her husband's choir, prays with the Saturday evening prayer group, and is a very active member of the PQSC Team.

Maribel Arzate is married to Gerardo and they have two sons, 18 and 11 years old. She originates from Chihuahua, Mexico. She worked 10 years in Georgia in carpet factories. At her parish in Georgia she was coordinator of one of the Spanish Masses, making sure that all liturgical ministers were present and doing their jobs (similar to what Ellyn Forbes does here). Here at Sacred Heart, the entire Arzate family is involved in liturgy. Maribel serves as Director of Worship, lector, and Eucharistic Minister along with her husband. Son Gerardo Jr. is a Hospitality Minister and younger son Alejandro is an altar server. Maribel is co-coordinator of the PQSC Team with Nohemi and was the main motivating force behind the idea of a "Kermés."

Justo Gonzales is also originally from Puerto Rico. He came to our diocese two years ago with the two-fold responsibility as Diocesan Director of Hispanic Ministries and as



Theresa Musket, Rick Clawson, and Glenda Kappellmann

By Rick Clawson

The *Why Catholic?* planning team formed and began meeting early in 2009. The team consists of Theresa Musket, Rick Clawson, Glenda Kappellmann (pictured above), as well as Deacon John Weaver and Fr. Steve Kuhlmann, O.P. The planning team has attended two *RENEW International* training workshops and has been working over six months to ensure the success of *Why Catholic?* in the parish.

Theresa and Paul Musket were married at Sacred Heart Church 22 years ago by Father John Long. They have two children: Kimberly is 20 years old and is a junior at the University of Missouri; Michael, 17, is a senior at Rockbridge High School. Paul's mother, Barbara Musket, lives with them. Theresa is half Italian; her father is Italian and his parents were from Italy. Theresa is a Laboratory Manager at the University of Missouri for a soybean genetics research lab that is part of the National Center for Soybean Biotechnology. She has worked for the University of Missouri for over 22 years. For several years, Theresa was a PSR

Catechist with Joanne Rotert. Currently, she is a Eucharist Minister, a member of the Administration Commission, a member of the Parish Council, a member of the *Why Catholic?* Planning team, and a substitute PSR Catechist.

Rick Clawson and Glenda Kappellmann are married. Rick has been a member of Sacred Heart Parish since 1977. Glenda joined the Church in 2005. Together and separately they are involved in a number of parish activities. They both work on the church cleaning committee. Glenda has volunteered in the parish office and on the health committee. Rick does layout for *Heart of the Matter*, is a member of the Knights of Columbus, and oversees the "Handyman Ministry." Rick is a retired biologist; he conducted wildlife research for the Missouri Department of Conservation. Glenda is a retired social worker; she worked for the city/county health department. Rick and Glenda have found that the more they learn about the Faith, the more excited they are to participate in parish activities and share their faith with others.

Hospital Chaplain in the Columbia hospitals. A few of the programs he works with are the "Virtus Program" in Spanish and talks on "Know Your Rights" for the Hispanics and "Ten Immigrant Myths" for English speakers. Justo has collaborated with Bishop Gaydos to produce a DVD in which our bishop encourages Hispanic Catholics to participate in the PQSC program offered in their parishes.

Joseph Otabela (not pictured) is from Cameroon, Africa. He will soon return from visiting his family. Joseph is a professor of Spanish at the University of Missouri. Here at Sacred Heart he serves as a Hospitality Minister and lector. When he returns, he will join the PQSC Team.

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Family Focus

By Jennifer Holland

“Be subordinate to one another out of reverence for Christ. Wives should be subordinate to their husbands as to the Lord. For the husband is head of the wife just as Christ is head of the church, He himself the savior of the body. As the church is subordinate to Christ, so wives should be subordinate to their husbands in everything. Husbands, love your wives, even as Christ loved the church and handed Himself over for her to sanctify her, cleansing her by the bath of water with the word, that He might present to Himself the church in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish. So husbands should love their wives as their own bodies. He who loves his wife loves himself. For no one hates his own flesh but rather nourishes and cherishes it, even as Christ does the church, because we are members of His body.” (Ephesians 5: 21-31)

I have heard this verse described as outdated. I have heard it just brushed off. I have heard that the teachings of this verse have nothing to do with a modern relationship or modern couples. Then I read “Theology of the Body” and all of this made sense. A modern woman does not want to be subordinate. A modern woman does not want to have a man as the head of the household. After all, we are capable, strong and independent. We don’t need to be subordinate. What if, though, we have married a man who would never do anything to hurt us; whose every thought and action would be aimed at holding us up; who made sure that we were always seen as good, strong, independent, and capable? When looking at this verse, let’s try not to get hung up on the subordinate part, but let’s look to the ideal of what we are being called to do. If we have married one who loves us as Jesus loved the church and it’s people, then who could ever be afraid of being subordinate. Husbands have been given the most difficult task here. They have been called, by Christ, to treat their wives as He treated the church. To sacrifice all; even life, to hold it up, to glorify it and to sanctify

it. As a woman, how could we ever be unwilling to let a person make the decisions who is living in this ideal?

Men have been called to hold us up in splendor, without sin or fault. Husbands are called by Christ to make sure that we are seen as holy and without blemish. If husbands treat us this way, can we trust them? Of course we can. A husband who treats his marriage as Christ treats the church is a man who is himself holy and honored. A man who loves his wife as Christ loves His church is a man whose marriage is first priority – all the time.

Women everywhere, reading this passage, are probably sighing now and thinking how nice it would be to have this marriage, this relationship, this man. Men who are capable of taking on the responsibility of this teaching, are puffing up with pride now; they know they are head of the household and their love of family is forefront in their minds. The responsibility of their role weighs on them, but they can take it, knowing that the household they are coming home to will look up to them.

If this sounds like a fairy tale, it shouldn’t. This is actually what this passage is talking about. Go ahead and read it again. “For the husband is head of his wife, just as Christ is head of the church.” The most important part of this passage is not the first part, but the whole passage. It is not subordinate just because we are told to, it is subordinate because our husbands are treating us as Jesus treats His church. “So husbands should love their wives as their own bodies.” We love our bodies, we care for our bodies, we groom our bodies. And for husbands the call is to treat their wives at least as good as they would treat themselves. A husband is called to cherish his wife as he cherishes his own body.

This verse if far from one that should be ignored, treated as outdated, or as one that has a word we don’t like to hear. This verse is, instead, the ideal we should all hold ourselves up to. Husbands should be looking for ways to treat their wives like Jesus treated the church and trying to constantly be willing to sacrifice for the good of the marriage. Wives will

then be able to look up to husbands, knowing their love of the marriage and family and is something they are willing to sacrifice everything for.

When we get this relationship and are able to show ourselves and our marriages as an example of this ideal, we are showing the world Christ. For a marriage that models itself on this relationship is the face of God. Its’ love is the face of God on earth. The relationship of the husband and wife is a picture of God for all to see.

So wives, prepare to be subordinate and husbands, sacrifice yourself constantly for the good of the marriage and keep it held up as the ideal. It is not an old teaching that needs to be rewarded, but one that needs to be preached daily. Happy marriage!

Plan to attend the annual Parish Picnic

When: Sunday, Sept. 13, 2009

Where: Twin Lakes Recreation Area

Time: 4 p.m. (eat at 5:30 p.m.)

Food: hamburgers and hot dogs will be provided. Check the bulletin for side dishes to bring.

Enjoy: fun for all ages

Nostalgia – by Oksana Bihun

There is nothing to fear except the hideous remorse.

The words can be tossed into unexpected shapes, they can make you shiver at the recollection of your Motherland.

You belong to the country you don’t understand.

It visits you in your dreams and leaves you with an unerasable reproach

for betraying it.

It embodies different forms, it scintillates through the eyes of strangers

on black-and-white photographs.

It dances like fata morgana* between the sounds of violins of the concerts you attend.

It drives you to the point of fainting when you succumb to believe that you have reunited with your country of birth.

And then, in the morning, you awake to the sound of your alarm clock

squeezed by the reality of your exile and the temptation to believe that there is no other world except the one in which you reside.

*fata morgana is a mirage that people see when crossing a desert, most often an oasis, a beautiful palace, or a waterfall.

(Oksana writes: I wrote this poem while studying in Columbia. I missed Ukraine, but most of all I felt nostalgia for Heaven.)

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Parish Celebrations



Piper Lilymarie McHugh, daughter of William and Laura McHugh, was baptized at Sacred Heart at the 11 a.m. Mass Sunday, Aug. 16, 2009. Pictured are godparents Todd McHugh and Diane Berner; Fr. Steve Kuhlmann, O.P.; mother Laura holding Piper; and dad William with big sister Harper.



Hayly Selina Rios Ramirez, daughter of Cesar Rios Martinez and Ulices Ramirez Mena, was baptized at Sacred Heart at the 1 p.m. Mass Sunday, August 16, 2009. Pictured are parents Cesar and Ulices with Hayly; Fr. Steve Kuhlmann, O.P.; and godparents Adrian Ahuja and Norma Castro.



(Left) **Grace Ellen McIntosh**, daughter of David and Jill McIntosh, was baptized at Sacred Heart at the 4:30 p.m. Mass Saturday, August 15, 2009. Pictured in front are godmother Patricia Jenkins, David holding Grace, Jill holding big brother Garrett, great-grandmother Revella Schlosser, and grandmother Nancy Burson. In back are godfather John Jenkins; Fr. Steve Kuhlmann, O.P.; and grandfather Jerry Burson. Grace was baptized on her great-grandmother's birthday.

Sign up now for directory pictures

The web site to schedule your appointment is now available. You may go to it directly, or go to the Sacred Heart website and click on the link. The address is: <https://www.appointment-plus3.com/ap/sacredheartcatholicchurch/index.php?page=10>. If you are not able to sign up by computer, call the parish office at 443-3470 for assistance.

Dates available for sittings are:

Tues.	Wed.	Thurs.	Fri.	Sat.
9/22/09	9/23/09	9/17/09	9/18/09	9/19/09
10/13/09	10/14/09	9/24/09	9/25/09	9/26/09
		10/15/09	10/16/09	10/17/09

Appointments will be from:
2:30 p.m. till 9 p.m. on Tuesdays, Wednesdays, Thursdays, and Fridays;
10 a.m. till 4 p.m. on Saturdays.

Plan to be a part of this parish event. What better way to get to know your faith community?

Mission Statement

The mission of *Heart of the Matter* is to be a communication tool for Sacred Heart Parish. It is our goal to inform, to instruct, to evangelize, and at times, to amuse readers. We rely on God's grace and on the efforts of many volunteers to fulfill this mission. *Heart of the Matter* is published monthly by Sacred Heart Catholic Church, 1115 Locust St., Columbia, MO 65201, 573/443-3470.

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