Sacred Heart celebrates Pentecost

By Mary Kay Head and Pat Gerke

Have you ever wondered what that first Pentecost must have felt like? Those who spent time closest to Christ as he lived among them were huddled in a room in fear when the Spirit came upon them. Filled with courage they ventured forth to announce to the crowds gathered in the city the Good News of the Savior who had come and would come again. The crowd was amazed. “We are Parthians, Medes, and Elamites, inhabitants of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the districts of Libya near Cyrene, as well as travelers from Rome, both Jews and converts to Judaism, Cretans and Arabs, yet we hear them speaking in our own tongues of the mighty acts of God.” Acts 2:9-11. If you’ve ever wanted to feel a part of what those first crowds experienced, just come to Sacred Heart to attend the Pentecost celebration. This year the congregation was welcomed in seven different languages as they gathered to celebrate the rich diversity of this very unique parish. Sacred Heart parish is comprised of people from many, many countries and cultures throughout the world. At this particular celebration, we recognized and honored the gifts of our cultural diversity. We were brought together through the Spirit to become one human family, the Body of Christ.

The opening hymn, sung in Swahili, celebrated the fact that we all hear the marvels of God in our own native languages. This is still both mystifying and amazing!

With all three Sacred Heart choirs participating, the African, the Spanish and the American, the parts of the Mass as well as the hymns sung throughout reflected the various languages spoken by those participating. The intercessions were offered in English, Swahili, Vietnamese, Spanish, Mandarin, Portuguese and German by parishioners from those countries, and Fr. Francis Doyle spoke and prayed in various languages as well.

I believe this celebration comes as close as any one parish can come to experiencing what those crowds at that first Pentecost must have felt.

Such a celebration cannot end with a final blessing as the Mass draws to a close. From there we are sent forth to celebrate and share the Good News, and that is what we did. Moving to the Activity Building we celebrated with foods from around the globe.

We were treated to food from Argentina, Brazil, Vietnam, Bangladesh, Puerto Rico, Dominican Republic, Philippines, Mexico, Germany, Ireland, Scotland, Congo, Burundi, Tanzania, Indonesia, Cameroon, China, and many other European countries. And of course, hot dogs and mac & cheese representing the USA! There was Horchata, Sangria and beers from 11 different countries to taste. DJ, Pedro Mesa, provided the music. It was so great to see children, elderly, and all of our cultures together dancing, singing and enjoying each other’s company. To quote Father Francis, “We were dancing in tongues.”
### Birthdays

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<td>July 31</td>
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### Eternal Rest

**Eileen Hayden, 1925 – 2019**

Eileen M. Hayden, 93, of Columbia, passed away at home on Thursday, May 23, 2019. A memorial service will be held in Columbia on Sunday, June 30, details forthcoming.

She was born Oct. 4, 1925 in St Louis and raised in St Peters. She was married to Paul Hayden in 1952 and raised seven beautiful children all who survive her except her eldest, Ted, who passed away from cancer in 1980. She has innumerable grandchildren and great grandchildren.

She moved to Columbia in the early 1990s to be closer to her daughters, where she lived for the remainder of her life. In her senior years, she was very active both physically and socially. Eileen played bridge regularly, bowled in a league until age 91, and up until the last few months was active in the local senior community. Her life’s anchors were the Catholic Church and her family. She is missed but we know she is smiling on us from heaven.

**Wilma Gale Heibel, 1931 – 2019**

Wilma Gale Heibel, 87, of Columbia, passed away Saturday, June 8, 2019 at The Villa at Blue Ridge Nursing Home in Columbia. Visitation was at Memorial Funeral Home in Columbia on Thursday, June 13, 2019. Funeral service followed at 11 a.m. at the funeral home with Fr. Francis Doyle officiating. Burial was in Memorial Park Cemetery in Columbia.

Gale was born November 9, 1931 in Boone County, the daughter of Thornton and Camilla (Carlos) Thurston who preceded her in death. She was married April 19, 1962 in Huntsville to Charles “Pete” Young who preceded her in death July 13, 1978. She then was married July 5, 1979 in Huntsville to Jack Heibel. Gale graduated from Centralia High School in 1949 and was a member of Sacred Heart Catholic Church in Columbia.

Survivors include: her husband, Jack Heibel of the home; three children, Chris Young (Wanda) of Fulton, David Young (Melina) of Columbia and Nancy Forrest (Steve) of Hallsville; three step-children, Mary DeFoe of Columbia, Catherine Rennie (Kevin) of Columbia, and Fran Sandbothe (Bryan) of St. Peters; two sisters, Phyllis Adell (Bernard) of Summerville, FL and Camilla Renae Albee (Gilbert) of Overland Park, KS; two brothers, Donald “Pete” Thurston (Dorothy) of St. Charles and Ronald Thurston (Kay) of Centralia; nine grandchildren; 17 great-grandchildren and several nieces, nephews and cousins. She was also preceded in death by two grandparents, Brett LaRoe and Aaron DeFoe and three step-children, Mark Heibel, Victoria Watts and Matthew Heibel.

In lieu of flowers, memorials may be made to the Sacred Heart Catholic Church, c/o Memorial Funeral Home, 1217 Business Loop 70 W, Columbia, MO 65202.

### Social Concerns

**By Barbara Head, chair**

Richard, a guest speaker from *Chain of Christian Solidarity*, is from Congo. He related that because of his thankfulness for help from the Christian Community when he and his family arrived in the USA and his wife was diagnosed with cancer, he founded this group to help students in Congo attend school and also help new immigrants from Africa orient to the USA. Our parish previously helped by donating backpacks and school supplies. This year he wants to collect 1000 backpacks and pairs of shoes and to fund 100 scholarships to help students attend school, which is free in Congo. He is hoping to organize 3 fundraising dinners in Columbia, Moberly and Kirksville and would like our help with all of these goals.

Parish Council Report: pointed to the letter in the *Heart of the Matter* explaining that there will be no capital campaign to replace the activity building, but plans for the Columbarium will go forward. Diocesan officials cited the feasibility study showing only about half the needed money could be expected to be raised and the fact that the Sacred Heart campus is landlocked in a town of growing Continued on page 3
Understanding Alzheimer's and Dementia

By Glenda Kelly

The words Alzheimer’s Disease and dementia are frequently heard in speech and in print. However, it is often difficult to understand what the words mean.

Dementia is a general term for memory loss and other cognitive abilities serious enough to interfere with daily life. Alzheimer’s disease is the most common cause of dementia and accounts for 60 percent to 80 percent of dementia cases.

Alzheimer’s is not a normal part of aging. However, the greatest known risk factor for Alzheimer’s is increasing age, and the majority of people with Alzheimer’s are 65 and older. However, Alzheimer’s is not just a disease of old age. Approximately 200,000 Americans under the age of 65 have younger-onset Alzheimer’s disease (also known as early-onset Alzheimer’s).

Alzheimer’s is a progressive disease, where dementia symptoms gradually worsen over a number of years. In its early stages, memory loss is mild, but with late-stage Alzheimer’s, individuals lose the ability to carry on a conversation and respond to their environment. Alzheimer’s is the sixth leading cause of death in the United States. On average a person with Alzheimer’s lives four to eight years after diagnosis, but can live as long as 20 years, depending on other factors.

Alzheimer’s has no cure, but treatments for symptoms are available and research continues. Although current Alzheimer’s treatments cannot stop Alzheimer’s from progressing, they can temporarily slow the worsening of dementia symptoms and improve quality of life for those with Alzheimer’s and their caregivers. Today, there is a worldwide effort under way to find better ways to treat the disease, delay its onset, and prevent it from developing.

Just like the rest of our bodies, our brains change as we age. Most of us eventually notice some slowed thinking and occasional problems with remembering certain things. However, serious memory loss, confusion and other major changes in the way our minds work may be a sign that brain cells are failing.

The most common early symptom of Alzheimer’s is difficulty remembering newly learned information because Alzheimer’s changes typically begin in the part of the brain that affects learning. As Alzheimer’s advances through the brain it leads to increasingly severe symptoms, including disorientation, mood and behavior changes; deepening confusion about events, time and place; unfounded suspicions about family, friends and professional caregivers; more serious memory loss and behavior changes; and difficulty speaking, swallowing and walking.

People with memory loss or other possible signs of Alzheimer’s may find it hard to recognize they have a problem. Signs of dementia may be more obvious to family members or friends. Anyone experiencing dementia-like symptoms should see a doctor as soon as possible. If you need assistance finding a doctor with experience evaluating memory problems, your local Alzheimer’s Association can help. Earlier diagnosis and intervention methods are improving dramatically, and treatment options and sources of support can improve quality of life. The Alzheimer Association website (https://www.alz.org/) has many helpful resources.

If you want to learn more about the disease and resources available, plan to attend a presentation about Alzheimer’s on Sunday, August 4, 1:00-2:30 at the Newman Center, 602 Turner Ave, in the Multi-Purpose Room on the second floor. Attendees will learn about the impact of Alzheimer’s, the difference between Alzheimer’s and dementia, Alzheimer’s disease stages and risk factors, current research and treatments available to address some symptoms, and resources available from the Alzheimer’s Association. The program is sponsored by the Tri-Parish Health Ministry Committee.

Knights of Columbus Council 14414

The Sacred Heart Knights of Columbus Council #14414 held our social meeting June 5 at 44 Canteen and we held our business meeting June 19 in the Education Building. After the pancake and sausage breakfast that we held last month the council has donated $300 to support the Sacred Heart Parish School of Religion. Council members will serve as ministers for the 8:30 a.m. Mass Sunday, June 30, and collect donations for the annual Baby Bottle Campaign following the Masses of the weekend of June 29/30. In the past month, the Handyman Ministry helped three parishioners with yard work.

Coming Up

July 17 Pre-meeting dinner, 6 p.m.; Business meeting, 7 p.m.
July 27 District Deputy meeting in Moberly, 10 a.m.

For information or to join Council 14414, contact Dave Rapoff (573/864-1068; davidr@cmcmfg.com) or Steve Sutter (573/489-6001; steves42868@gmail.com).

Social Concerns

Continued from page 2

numbers of Catholics, PC is considering a 50/50 raffle to fund Activity Building kitchen updates since there won’t be a new activity building.

Health Ministry has been researching different ways parishioners could remotely attend meetings. Jabra Speak was chosen as the most user friendly and cost-effective device which will allow volunteers to participate virtually in meetings at Sacred Heart. One unit is $111.75.

Care of Creation is expanding. Newman Center has joined this group and it may expand to include all 3 parishes. On June 5th they had a speaker who is a fish toxicologist and who spoke on clean water issues. July 14th is the next litter clean up event. Their next meeting is August 1 at 6:30 in the library.

Language Program is holding citizenship classes on Tues/Thurs nights from 6-8 pm with one recent graduate passing her citizenship interview.

World Refugee Day, June 23, will begin with an ice cream social beginning at 2:30 in the Education Building. A short video from Pope Francis will be shown, then a speaker from Catholic Charities followed by remarks by a couple of our local refugees.

Old Business

Soup suppers recap, $600 in free will offerings was used to pay for Easter Vigil food and the remaining amount went to the Food Bank.

Easter Vigil Reception recap, note we will need more help.

Continued on page 6

 Knights of Columbus Council 14414

Handyman Ministry

If you need help with projects around the home or in the yard, call Rick Clawson at (573) 491-3399 or email rlcclawson1950@gmail.com. Payment is not required, but donations are accepted by the council and are used to support the parish.

Join us!

Catholic gentlemen 18 years and older are invited to join the Knights of Columbus, Sacred Heart Council 14414. The Knights stand for the four principles of our Order: Charity, Unity, Fraternity, and Patriotism. If you want to be of service to your church and community, please consider the Knights.

For more information, contact:
Steve Sutter - (573) 474-6227 or steves42868@gmail.com
Dave Rapoff - (573) 864-1068 or davidr@cmcmfg.com
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Parish School of Religion News

By Maria Cox
Parish School of Religion (PSR) will begin again in late August. You may register your children on-line at the Sacred Heart website. In-person registration will begin after weekend masses in August. The cost will remain the same at $25 for each child. Any parishioner may donate to cover the cost of a child’s registration or to purchase classroom materials, and will be greatly appreciated. You may put it in an envelope marked “PSR donation” and return in the collection baskets at Mass. Recently, the PSR program benefited from the proceeds earned at the last Knights of Columbus Pancake Breakfast. We are thankful for this large donation!

This next school year we will offer classes for grades Pre-K - Kindergarten, 1st grade, 2nd Grade, Grades 3-4, Grades 5-6, and Grades 7-8. We are currently in need of a 1st grade teacher and an assistant for that class. We could also use more volunteers on our substitute list. Any volunteer will need to complete Virtus training. Please contact Sr. Francine at srfrancine@sacredheart.org or Maria Cox at 573-356-5590 (text is fine). The curriculum will be the same, Good Shepard for the Pre-K and Kindergarten class and Pilgrim for the other grades.

I am looking forward to a second year as the Director for the PSR program. I have enjoyed meeting families and working with your children. Thank you for enrolling your child in the PSR program!

Life Teen News

By Tyler Peterson
Our summer of Life Teen is continuing with events such as Bible & Breakfast every other Friday morning, service projects and outdoor activities. For our full summer schedule, check out our social media accounts on Facebook, Twitter and Instagram (@comolifeteen). Teens who will be freshmen in the fall are now welcome to attend any of our events, so we’re looking forward to celebrating new freshmen joining and appreciating our seniors before they head off to college in August.

The Confirmation program for 2019-2020 will look a little different than it has in years past; as the Diocese moves the Confirmation age down to 7th graders, we will be confirming juniors AND sophomores this upcoming year. Registration for 2020 teen Confirmation is currently open at comonewman.org! The teens will meet for classes once a month in the MPR at Newman and move into the classrooms outside the MPR for small group time. Registration for Confirmation is $60.

CoMo Life Teen wants to extend a big thank you to everyone who supported us in the past year! Whether you donated to the M&M fundraiser, cooked dinner at a Life Night, attended Trivia Night, or gave of your time/treasure/talent in any other way, you have allowed us to continue our mission of bringing teens closer to Christ. We’re so incredibly thankful for all of you; please keep us in your prayers, and be assured we’re keeping you in ours. We’re looking forward to another incredible year as we grow, experiment with new programs and continue to become a tight-knit family!

My Life Clinic

By Frank J Appelgate,
Sacred Heart Health Ministry
Due to the fact that the Abortion Policy of the state of Missouri has changed radically by the recent decision of Governor Parsons and the Secretary of State, Jay Ashcroft, there will be an increased need for Columbia’s pregnancy clinic, My Life Clinic. Currently, the clinic is open Monday thru Thursday, 10AM to 5PM. With the increased demand the center needs funding to be open all day Friday and evening hours one day a week. There is funding in place for salaries and overhead for the 28 hours they presently operate. The extra funding would cover salaries for a second RN/LPN, a Client Specialist and receptionist.

Although My Life Clinic takes walk-in appointments, it is preferred that clients be seen by appointment due to the length of time needed to assess each person (usually an hour). Clients are seen if they are in their first or second trimester. They are assessed for IUG (Intrauterine gestation) to determine the size and age. The RN Nurse Manager has been trained by NIFLA in Limited OB sonograms and My Life Clinic participates in a state funded STD testing program that provides testing and treatment for clients who are positive for pregnancy. All this and more are provided for FREE.

A Client Specialist (counselor) and a nurse work together to complete an initial assessment, taking the history including past pregnancies, deliveries, abortions, miscarriages, and any living children. The staff will then discuss a client’s options with them. This includes parenting, adoption and abortion. Abortion is only discussed from a factual standpoint (i.e. what occurs during the procedure, side effects etc.) as My Life Clinic is very clear that they do not perform or refer for abortions. They will also present resources on numerous topics, including physician referral, Medicaid application, nutrition, and education.

Once an expectant mother becomes a client they are able to participate in My Life Clinics 16 week education program “Ready For Life” which is a one hour weekly session. The expecting mother is given Baby Bucks (play money) for each class attended which can then be spent on items in the Baby Boutique. The boutique is stocked with infant diapers, baby clothing (new born to 2T), maternity clothes, books on pregnancy and baby care items. The classes cover everything from issues during pregnancy to finances to lactation classes (strongly encouraged) and Post-partum Depression. There is also a Bible study class that follows the Ready For Life class each week where expecting mothers will study the gospel and earn additional “Baby Bucks”. In addition to these group classes, the clients are offered individualized classes with a specially trained volunteer Parent Mentor for one-on-one education and to follow up on their progress.

Many times there are clients who are determined to be abortion minded or abortion vulnerable based on the initial client intake assessment. These clients are presented with the opportunity to participate in a special grant program called “Alternatives to Abortion” or “A2A”. Clients must meet certain requirements dictated by the State of Missouri to be in this program. In return for meeting these requirements, the state will assist the client with financial assistance for things such as rent/mortgages, daycare expenses and other things for the first year of the baby’s life.

My Life Clinic also offers post abortion counseling with the Client Specialist. This issue is addressed through a wonderful program called “Save One”, a faith-based program.

Volunteering is a large part of the center, training takes approximately 6 to 8 hours total and encompasses reviewing the policy manual, a safety manual, reference checks, and a background check. There are varying ways an individual can volunteer their time. Some volunteers donate their time at fundraising events such as the annual banquet held every April. Others volunteer their time in the clinic working in the boutique or bagging diapers while others volunteer as parent mentors. Although there are over 150 total volunteers, there are currently 6 to 8 volunteers who donate their time on a weekly basis. There are also health care students who come to the clinic from MU and Columbia College for internships.

Finally, the standards of care are rigidly followed by the staff. The RN nurse manager has been trained by NIFLA in Limited OB ultrasound and follows NIFLA and AIUM guidelines. The clinic staff follows the guidelines and recommendations of the Vitae Foundation.

Continued on page 6
“Amen I say to you, whoever does not accept the kingdom of God like a child will not enter it.” (Mark 10:13)

Keeping it in the family: Saints Louis and Zelie Martin

Feast Day: July 12
Canonized: October 18, 2015
Beatified: October 19, 2008

Prayer:
Blessed Louis and Zélie, hear our prayers for our family. You tenderly nurtured your littlest ones into health and holiness, and you also knew how to encourage the best in your loved ones. You generously entrusted your family into the loving hands of God, not allowing the stresses of busy commitments to business and loved ones to fracture your love for each other nor the peace of your home.

In the difficulties we face as a family, help us to grow together in love, so that our family may truly become the place where we become saints.

Amen.

St. Louis: August 22, 1823 – July 29, 1894
St. Zelie: December 23, 1831 – August 28, 1877

Feast Day: July 12

Patronage: Illness, Marriage, Parenting, Widowers

This couple is best known as the parents of St. Therese of Lisieux (the Little Flower), but they are models of holiness in their own right. They are the first married couple to be canonized and the first to be canonized together.

Louis was born in 1823 in Bordeaux (France). He wanted to enter religious life but was told he could not. Then he became a watchmaker like the rest of his family. Zelie Guerin was born in 1831. She, too, hoped to become a religious, but eventually understood that it was not God’s will. She became a good lacemaker.

Louis and Zelie met in Alençon and were married in 1858 after a three-month courtship. For almost a year the couple lived as celibates (they agreed to live together but have no sexual relations), but the advice of a confessor changed their minds. They decided to raise as many children as possible for the glory of God. Zelie gave birth to nine children, five of whom entered religious life.

The family lived a comfortable lifestyle, but they also suffered the loss of four children at an early age and had to deal with an unruly daughter. Their devotion never wavered, however. They lived modestly, reached out to the poor and the needy, and led daily prayers in the household. St. Therese would later write: “God gave me a father and a mother who were more worthy of heaven than of earth.”

In 1877, at age 45, Zelie Martin died of breast cancer. Louis and his daughters moved to Lisieux. Gradually his daughters left to enter the convent. Despite his loneliness he said: “It is a great, great honor for me that the Good Lord desires to take all of my children. If I had anything better, I would not hesitate to offer it to him.” Louis died in 1894 after suffering greatly.

Louis and Zelie Martin were beatified by Pope Benedict XVI in 2008 and canonized by Pope Francis in 2015. Their feast day is July 12th.

-Taken from http://www.foryourmarriage.org United States Conference of Catholic Bishops with permission.

Match the Martin to his/her claim to fame:

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<td></td>
<td>Could not learn Latin</td>
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<td>Was always sickly</td>
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<td>Most famous daughter</td>
<td>Said her mother and father were more worthy of heaven than earth</td>
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<td>Louis Martin</td>
<td>Watchmaker</td>
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(Sarah Eber assembled materials for this page.)
Continuing the spiritual journey

Anxiety or Adventure?

By E. Jane Rutter

One year and four days set us apart, Kathy celebrating her birthday on June 23 and mine beginning the following year on June 27°. Close in age, we grew up sharing a bedroom, clothes, toys and—complaints of our parents—a spirit of adventure. But most importantly, we share the gift of God’s presence to guide our lives. We are blessed.

I’ve always felt God’s presence. Looking back to the blur the past has become, there is no cathartic moment flashing through my mind. No lightning bolt revelation of God standing next to, in front, behind, above and below me. Like my parents and siblings, He has always been here. I’ve never doubted His presence or His love.

There is no naughtiness in this admission; rather, a humble acknowledgment that in my younger years I took God’s presence—and my parents’—for granted. I ignored His promise of eternal bliss to taste what the world offered in the moment. I succumbed to greed, envy, pride, and the lie of deserving the best just because I was alive. Little did I realize that alive in the world is not synonymous with alive in Christ!

For the world lures us into an anxious life, one of reaping without planting, taking without giving, discarding what displeases us, and using others for our ego and enjoyment. It traps us into drinking “mammon” (material wealth or possessions especially as having a debasing influence—Merriam Webster Dictionary) that never quenches our thirst. All with the lie that we deserve the best.

Despite my immaturity and brokenness, the moment I cried out “enough”, God encircled me and sustained me. His calm presence dissipated my anxiety and dissolved my fear of losing people, prestige and property. In its stead, God reigned my spirit of adventure. His love strengthened me to shake off the darkness of false security and walk forward into light. Our great adventure begins with trust in His sovereignty, love and promise of life. God as love “…the living bread that came down from heaven”; who shares His all with us that… “whoever eats this bread will live forever.” (John 6:21) Lost in this true communion with the Trinity of Father, Son and Holy Spirit, we become one with all. Despite my immaturity and brokenness, God’s love and promise of life. God as love “…the living bread that came down from heaven”; who shares His all with us that… “whoever eats this bread will live forever.” (John 6:21) Lost in this true communion with the Trinity of Father, Son and Holy Spirit, we become one with all.

And so I pray: Dear Lord, show Your presence to those who turn from the lies of the world and cry out in hope to You. Release them from anxiety and let them know they are blessed.”

SAVE THE DATE

Sipping on Grace

When: Mon-Tues Aug 26-27 6:30pm
Where: Sacred Heart Catholic Church
105 Waugh Street Columbia
Theme: Grace from the Sacraments
Cost: Free Will Offering Event
Spoken Word and Music
www.juliecarrick.com

Meeting the long-term purposes of our parish

Perpetuating Our Faith

To Be An Angel Forever
Write to: The Foundation
PO Box 10263, Columbia, MO 65205-1263
Parish Celebrations

Remy Gabriel Rosas, son of Raul Rosas Hernandez and Kristina Renee Arabie, was born in Columbia on Nov. 28. He was baptized at Sacred Heart at the 4:30 p.m. Mass on Saturday, June 15. Pictured are his parents, Kristina and Raul, Fr. Francis Doyle, godmother Marla Guadalupe Sanchez Perez holding Remy, and godfather Jose Mariano Otero.

Diana Caudillo, daughter of Mario Caudillo and Maria Morales, was baptized at Sacred Heart at the 4:30 p.m. Mass on Saturday, June 22. Pictured are her mom, Maria, dad, Mario holding Diana, and her godparents, Iliana Rodriguez and Noe Carreras. Diana also received a 3-Year Blessing at the Mass.

(Above) Nancy Caudillo, daughter of Mario Caudillo and Maria Morales, received First Communion at the 4:30 p.m. Mass at Sacred Heart on Saturday, June 22, 2019. Pictured with Nancy are her parents, Mario and Maria, and her godparents, Manuela Morales and Marco Jaramillo.

(Right) Emily Rose Mayhan, daughter of Bryan and Renee Mayhan, received First Communion at the 4:30 p.m. Mass at Sacred Heart on Saturday, June 22, 2019. Pictured in front are Emily and her brother Timothy, in the middle are her sisters Abigail and Catherine, and in back her parents Renee and Bryan.
"It seems to me this pleasure-mad generation has lost the art of enjoyment." – Gloucestershire Echo, Oct. 26, 1925

"The important thing in life is not to keep a steady system of pleasure and composure (which can be done quite well by hardening one's heart or thickening one's head), but to keep alive in oneself the immortal power of astonishment and laughter and a kind of young reverence." – Illustrated London News, Jan. 11, 1908

“It might reasonably be maintained that the true object of all human life is play. Earth is a task garden; heaven is a playground.” – All Things Considered

**Mission Statement**

The mission of Heart of the Matter is to be a communication tool for Sacred Heart Parish. It is our goal to inform, to instruct, to evangelize, and at times, to amuse readers. We rely on God’s grace and on the efforts of many volunteers to fulfill this mission. Heart of the Matter is published monthly by Sacred Heart Church, Columbia, MO.

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