By Nancy Singh

Every year between Sept 1st (World Day of Prayer for Creation) and Oct. 4th (Feast of St Francis of Assisi, Patron Saint of Ecology) Christians from all over the world participate in the Season of Creation. It is a time which draws our hearts, minds, and souls into a greater sense of gratitude and wonder for the many gifts God has generously given to us through creation, as well as a time to seek God’s mercy for the degradation and abuse we’ve needlessly inflicted on our planet. This year’s theme for the Season of Creation is "The web of life". It is a reminder to all of us how we are interconnected with all of creation.

As part of its outreach to the community, the Care for Creation Ministry, which encompasses both St. Thomas More Newman Center and Sacred Heart Parish, is hosting an afternoon of workshops called “Celebration of Creation” Saturday, Sept. 28 from 1-4 p.m. in the Activity Building at Sacred Heart. We will have a guest presenter from the City of Columbia, Debbie Lacy-Anderson, speaking on composting and reducing garbage. For those with sufficient room in their yard there will be several GeoBin Composters available to be taken home at no cost. Jim Quinn will give a presentation on pollinator gardens. Learning about bee keeping is also scheduled. Light refreshments will be served, and everyone is encouraged to attend.

Sacred Heart Knights recognize Dinehart family

By Dave Rapoff

Each individual Knights of Columbus Council gives recognition to a member and his family on a yearly basis for their commitment to the church and council they represent. Simon Dinehart has been a Knight for two years now and he has been very active in the charitable events that our council has undertaken. Simon, Karlee, Martin, and Rose usually sit in one of the first five rows in church and you will notice with their parents leadership the children are well behaved. Simon in only his second year on the council is an officer (recorder) and leads our “Faith Programs”, which includes Spiritual Reflection, Into the Breach, Seminarian Support, and the Domestic Church Kiosk.

Simon is from the Buffalo, NY area and Karlee’s parents live in San Antonio, TX – so Sacred Heart and the Knights of Columbus are their family in Columbia. Simon works for EAG Laboratories and Karlee with the University of Missouri. They are a role model family for their generation with Simon being an active, engaging Knight and is an example for other young men of the parish that we need to join the Knights. With the baby boomer population aging and some going to their eternal rest, we need younger Catholic gentlemen to join the Knights and step “Into the Breach” with their Brother Knights!
Birthdays

Sept. 1 Renee Hoagenson, Victoria Mendoza-Castro, Johanna Nickolaus, Leah Pierce, Patricia Whelan
Sept. 2 Lucas Green, Frank Naracaro, David Rapoff, Ulisses Silva, Maria Lusia Suzzarinari TorreAlba
Sept. 3 John Fuenhausen, Holly Haley, Gayle Jones, Neal Slattery
Sept. 4 Christa Evans, Hayden Freeman, Christine Gardner, Ema Higgins, Daniel Kitchen, Delaney Martin, James Mortimer
Sept. 5 Stanley Manahan, Francelici Quinn, Casey Wilson
Sept. 6 Jack Heibel, Briana Hernandez, Tara Luukemeyer, Casey Rotert, Channing Tillman, Robyn Vradenburg
Sept. 7 Aramiz Guzman, Nathan Hernández-Fuentes, Mariela Mendez-Rogel, Michael Reilly, Ruben Ubiñas
Sept. 8 Jacob Adams, Maria Bates, Trina Gooch, Laura McHugh, Theda Perez
Sept. 9 Jason Hernández-Fuentes, Steven John Rae, Marsha Rovaihy, John Stansfield
Sept. 10 Sarah Jolley, Jorge Lugo-Camacho, Mary Jo Peck, Blan dina Pinho, Paul Post, Mary Ann Wilkinson
Sept. 11 Sharon Garcia, Anneke Hal, Mary Hopkins-Nichols
Sept. 12 Susan Cleeys, Alejandro Ocaña-Robles, Michelle Orbals
Sept. 13 Megan Pursifull, Fernando Santana, Alec Scherer
Sept. 14 Juan Mendez, Vanessa Plummer
Sept. 15 Xochilt Galindo-Salas, Freyohannes Kidane, Valeria Rodriguez
Sept. 16 Ronald Armientroult, Connie Caffrey, Joe Crider, Caleb Orbals, Janette Robledo, Regan Ubiñas, Judith Walker
Sept. 17 Enith Ballinas
Sept. 18 Campbell Laird
Sept. 19 Samuel Drury, Kristin Green, Arnold Kurz, Camila Ortega
Sept. 20 Katherine Burkett, Jocelin Guerrero, Pete Harvey, Arely López, Theresa Orbals, Jennifer Rodriguez
Sept. 21 Zackary Borgmann, Victoria Fuentes, Evelin Garcia, Jeanna Glaubitz, Kristin Riney, Sherri Vizcarrat
Sept. 22 Cecilia Albers, John Donelon, Jean Feltz, Elizabeth Fisher, Kelly Fuentes, Benjamin Julius-Daniels, Clayton Neuner, Moises Sosa, Samuel Sosa, Teresa Ortega, Gary Vogelweid
Sept. 23 Doloris Campbell, Joseph Kropac, Stacia Reilly
Sept. 24 Anna Dickerson, Steve Fedena, Larry Glaubitz, William Grus, Isabel Rife
Sept. 25 Nancy Ballinas, Shelley Naydyhor, Paula Thomas, Marina Trumbo, Michelle Wiley
Sept. 26 Vicky Anaemena, Ronald Baker, Suzanne Dennis, Salome Lugo, Joshua McNeely, Aimee Mosso, Rebecca Shafer
Sept. 27 Daelynn Hernandez, Nicholas Kalaitzandonakes
Sept. 28 John Aguilar, Robin Aguilar, Solange Garcia Santos, Dayton Grover, Jocelyn Lopez, Maria Mendez-Sosa
Sept. 29 Brayden Andrews, Claritza Canda, Jose Garcia, Diane Jennings, Paul Land, Juliama Ramos
Sept. 30 Caroline Andriano, Brenda Spell

Mary C. Heimburger
Offering individual and group Spiritual Direction
Cackieh@hotmail.com  573-445-3208

Heart of the Matter
Sacred Heart Parish, Columbia, MO
Pastor: Fr. Francis Doyle
Editor: Mary Kay Head
Layout Editor: Katherine Cummins
Send comments to: jhead2403@aol.com
or 105 Waugh St., Columbia, MO 65201

Articles in Heart of the Matter that address Church teachings or articles of faith are expressions of the author’s opinion.

Sacred Heart Cares

A project of the Health Ministry committee offering support to parishioners who are homebound or have related needs. If you or a family member need assistance, e-mail sacredheartcares@gmail.com or call Glenda Kelly a 573-443-3976 or Johanna Bishop at 573-356-4053 or complete the following form and mail to Sacred Heart Cares, 105 Waugh, Columbia, MO 65201.

Examples of available support include:
Help with meals
Transportation to medical visits
Help with errands or grocery shopping
Social visits
Requests for prayers

Name:
Phone:

Eternal Rest

Larry Gene David, 1938 – 2019

Larry Gene David, 81, of Columbia, MO, passed away on Friday, August 2, 2019, at University Hospital in Columbia, MO. Visitation was on Wednesday, August 7, 2019, at Memorial Funeral Home from 5:00 pm to 7:00 pm. Funeral service was on Thursday, August 8, 2019, at 10:00 am at the funeral home with Rev. Vince Hawkins officiating. Burial was in Memorial Park Cemetery.

Larry was born on April 11, 1938, in Searya, Arkansas, the son of Ernest Eugene and Mabel Louise (Henry) David, who preceded him in death.

He had an affinity for learning, earning a Bachelor’s degree from the University of Arkansas and a Ph.D. in Industrial Engineering from Purdue University. His career led him to the University of Missouri-Columbia where he worked as a faculty member and administrator for over 30 years.

He had a natural ability to teach and engage with students, which he treasured. The ability to teach and mentor others translated into a passion for officiating high school basketball and football. He was a leader within the Columbia Basketball Officials Association and the Columbia Football Officials Association where he contributed to inspiring countless young officials.

Traveling to exotic regions of the world was common for Larry. He visited multiple countries and continents, spending many winters in the warmth of Southeast Asia. Other hobbies were enjoying theatre, going to movies, and reading.

Larry was an avid Mizzou Athletics fan. He received the most joy in interacting with his family, especially his grandchildren. Whatever activity Larry was involved in, there was always a constant smile on his face.

Survivors include three children: Brad David of Columbia, MO; Craig David (Kellen) of Columbia, MO, and Tamara Herman (Jason) of Columbia, MO; and ten grandchildren, Jack David, Derek David, Mark David, Bradleigh David, Olivia Herman, Brianna Schuman, Amelia Herman, Faith David, Pearl David, and Nile David.

Memorials may be made to the University of Missouri College of Engineering Scholarship Fund, c/o Memorial Funeral Home, 1217 Business Loop 70 West, Columbia, MO 65202.
Knights of Columbus Council 14414

Handyman Ministry

If you need help with projects around the home or in the yard, call Rick Clawson at (573) 491-3399 or email rlclawson1950@gmail.com

Payment is not required, but donations are accepted by the council and are used to support the parish.

Join us!

Catholic gentlemen 18 years and older are invited to join the Knights of Columbus, Sacred Heart Council 14414. The Knights stand for the four principles of our Order: Charity, Unity, Fraternity, and Patriotism. If you want to be of service to your church and community, please consider the Knights.

For more information, contact:
Steve Sutter - (573) 474-6227 or steves42868@gmail.com
Dave Rapoff - (573) 864-1068 or davidr@cmcmfg.com

Eternal Rest

Paul John Rothenheber, 1925 - 2019

Paul J. Rothenheber passed away on August 18, 2019 at home in the presence of his loved ones. Paul was born on September 26, 1925 to parents Marie and John Rothenheber in Lorsch Germany. They moved to the USA when he was 3 and he grew up in Troy, NY. There he attended Catholic school and went on to obtain a degree from MIT in electrical engineering. He married Shirley MacAllister on July 9, 1949. He spent 35 years working at Lincoln Laboratories researching and designing laser defense systems, solar energy systems, and missile defense for the government. He retired at age 65 from Lincoln Lab in Maui Hawaii. In addition to his engineering career, Paul was a two-time Navy veteran serving in both World War II and the Korean War. He was a loving, caring father, grandfather, and great grandfather.

Paul was preceded in death by his wife Shirley, parents and two brothers Richard and Henry.

Paul leaves behind his son Paul S. Rothenheber and wife Mary of Columbia, daughter Linda Rothenheber and special friend Kathi of Florence, OR, and grandchildren Michael and his wife Anneli of Fargo, ND, Michelle and husband Troy Maxwell of Bismarck, ND, Dr. Maxwell Lazinger and his wife Julie of Columbia, and Michael and Tina Steffenson of Bismarck, ND. Great grandchildren include MacAllister and Maddison Rothenheber; Kale, Asley, and Emily Steffenson; and Sean, Matt, Maayan, and Ari Lazinger; as well as several nieces and one nephew.

Cremation will be handled by Memorial Funeral Home in Columbia MO. Interment will be held in the spring at the Veterans Cemetery, in Mandan, ND.

Sacred Heart’s first 50/50 raffle has been completed. The money raised totaled $1,930, gifting the winner, Charlene Jayamanne, with $965.

The portion left, $965, will be used to redo the long rectangular tables in the Activity Building. These will be fitted with new tops and the legs will be refinshed so that these tables will complement the round tables that were recently refurbished.

The Parish Council thanks everyone who participated in this raffle, and invites all to be on the lookout for the next 50/50 raffle to be held in the near future. This is a fun way to have an opportunity to win some cash while at the same time providing funds for some much-needed improvements in our parish.

Coming Up

Sept. 4 Social meeting, 6:30 p.m. (Details TBA)
Sept. 14 Landscaping with the Garden Angels on the church grounds, 7:30 a.m.
Sept. 15 Parish Picnic at the Lamb Shelter in Cosmos park, 3 p.m.
Sept. 18 Pre-meeting dinner, 6 p.m.; Business meeting, 7 p.m.
Sept. 23 Paul Prost Fundraiser Golf Outing at Columbia Country Club, 12 p.m.
Sept. 29 Fifth Sunday at the 1 p.m. Mass, Knights to handle all the ministries

For information or to join Council 14414, contact Dave Rapoff (573/864-1068; davidr@cmcmfg.com) or Steve Sutter (573/489-6001; steves42868@gmail.com).

And the winner is ...

The Sacred Heart Knights of Columbus Council #14414 held our social meeting Aug. 7 at Flat Branch. We held our business meeting Aug. 21 in the Education Building. Council members assisted the Garden Angels Aug. 10 in trimming shrubs and weeding flower beds around the church grounds. In the past month, the Handyman Ministry helped two parishioners with yard work, receiving donations of $100 to support the parish; helped PSR by moving shelves from OLLIS to the Education Building; and helped the Sacred Heart choir by rearranging music shelving in the church choir loft.

Sept. 4 Social meeting, 6:30 p.m. (Details TBA)
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**Life Teen News**

By Tyler Peterson

The school year has officially started, and that means that CoMo Life Teen is about to start! Our first Life Night is Sunday, September 8 at 6:45 p.m. We are really excited for this year and have a wonderful semester planned out for our teens to understand the Church and the Mass better!

The Confirmation program for 2019-2020 will look a little different than it has in years past; as the Diocese moves the Confirmation age down to 7th graders, we will be confirming juniors AND sophomores this upcoming year. The teens will meet for classes once a month in the MPR at Newman and move into the classrooms outside the MPR for small group time. Registration for Confirmation is $60. Our first Confirmation meeting is in the afternoon on September 8th - anyone that wants to get confirmed needs to be there.

CoMo Life Teen is excited and ready to start another year of fun activities and faith-filled growth! Some dates to mark on your calendars now - Sept. 8, Fall Kickoff Life Night, first Confirmation meeting; Nov. 1-3, Fall Retreat. Please pray for us!

**Language program to hold new volunteer training**

By Pat Gerke, Program Director

Each Wednesday morning when Sister Francine and I come into our English class in Room 103 of the Sacred Heart Education Building, we marvel at the opportunity that is there. Eight to ten people from around the world greet us. It is such a blessing for us to get to know people from around the world without leaving the confines of our small parish in the middle of the USA!! Always smiling is 83-year-old Yongli from China. He is a retired engineer who has taught himself to read and write in English. Each week Yongli continues to improve his listening and speaking skills. Always dressed in colorful cultural clothing is Farzana from Bangladesh. Farzana is a mom who speaks very good English and wants to learn more about our American customs. Gabriela has recently arrived from Mexico with her husband who is a veterinarian. She wants to improve her English so she can learn to drive and find a job. Others who have attended are Marlen from Venezuela, Rosario from Peru, Dafrose from Congo and Kate from South Korea. Visiting scholars from China often attend: Jack, Taylor, Amy, & Amanda, not their real names of course but their new American names that they chose so we could pronounce them! Thursday evening classes are filled with people just as interesting to know.

If you have been thinking about signing up to help tutor one of our students, now is your opportunity. Our new session

**Parish School of Religion News**

By Maria Cox

The first day of PSR class is just around the corner! Classes will begin promptly at 9:50 on Sept. 8. Thank you to the many families who have already registered their children to join us for this wonderful program. Registration is still available on-line or visit me in the Director’s office in the Education Building on Sunday morning. The regular fee remains $25 but please know that AFTER September 8, the class fee will increase to $35. Please understand that the price of educational materials increases when not purchased in bulk order.

Any parishioner is welcome to support a child in the PSR program. I am grateful to those that have already made contributions. We are currently able to cover the tuition of four children!

This year we are moving first grade to a connecting classroom with the Pre-K/K class. The curriculum will still be the Good Shepherd. Grade 2 children will use a curriculum specifically to prepare for First Reconciliation and First Communion. The Pflum curriculum will be used for Grades 2 – 8.

A few reminders: please help your child arrive on time ready to learn (9:50 – 10:50); food and drink should not be brought to class; younger students (Pre-K through Grade 2) should be picked up at the classroom door by a designated adult or older sibling; and talk with your child about the class lessons.

This year we will be asking families to provide Baptismal certificates for children not baptized at Sacred Heart. This will facilitate sacramental preparation. You can turn in a copy or I can make a copy from the original for you. If your child is older than second grade and has not made First Communion or First Reconciliation, please make note of this on your registration form and you will be contacted about the requirements.

We are so excited to work with your child!

**OLL Interparish School News**

By Chris Drury

This week and over the next couple of weeks OLLIS will be on the move! The work on the new addition is coming to a close. The office staff has moved into their new home and students have gotten to take tours of the new addition. As of August 24, 6th grade, art, and music will be in their new classrooms in the addition.

OLLIS is grateful to the families, parishioners, and others who have made pledges to help build the addition. As of August 1, 2019, they had $5.8 million pledged and $2.9 million paid-to-date. The total cost of the addition is $6.8 million. Additionally, the school would like to be able to do a phase 2 project which is a multi-purpose building behind the parish office. This would free up additional gym time for sports, give us an improved cafeteria, and better space for aftercare. If you have not made a pledge and would like to do so, please contact the parish office at OLL. They are also accepting one-time donations so pass the word to family and others who might want to support Catholic education. Thank you to those who have pledged and to those who have completed their pledge.

There will be an open house for families and parishioners once the school has fully moved into the new facility and the majority of the outside front work is done. Those dates will be announced in the parish bulletins. It will be on a Saturday after Mass and on a Sunday after every Mass at Lourdes. Mrs. Hassemer, the staff and students of OLLIS look forward to showing everyone the beautiful addition. Fr. Chris is also working to finalize a date for dedication of the new addition once the outside work is complete.

Bishop McKnight wants our schools to continue improving in three key areas:

1. Contributing to the Evangelizing Mission of the Church
2. Being Distinguished by Excellence
3. Being Accessible and Affordable to our families

During this year, OLLIS will keep these three key areas in mind as we plan lessons and activities.

The staff, students and families of OLLIS appreciate the support of the Sacred Heart parish and look forward to seeing many of you at our Open House.

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Louise Ochoa tutors on Thursday evenings. The program is in need of volunteers and will soon host training for new tutor (September – May) will offer tutoring sessions on Wednesday mornings from 9-10:30 and on Thursday evenings from 6-7:30 in the Education Building. This fall we also plan to host English tutoring sessions during PSR time on Sunday mornings from 9:45 – 10:45. We could really use your help for an hour on Sunday mornings!!

Many of our tutors return to teach in the fall, but some move on and so we are always welcoming new tutors. We can only grow the program if we have enough trained tutors to meet our students' needs. If this is a volunteer opportunity Continued on page 6
For Sacred Heart Youth

“Amén I say to you, whoever does not accept the kingdom of God like a child will not enter it.” (Mark 10:13)

Do small things with great love

Word Find:

Do ____ things with ____ love.
Mother Teresa formed the ____ of ____
She and her missionaries opened Homes for the ____
In 1977, she was awarded the ____
“How do you know the fighting will stop?” We ____

Faith Formation

By Sonia Potts, Chair

The Faith Formation Commission met on Tuesday, July 30, 2019. The following parishioners were in attendance: Sr. Francine, Susan Stolwyk, Dian Kittle, and Sonia Potts. There were no representatives from RCIA or Lifeteen present.

Sonia reported information on Lifeteen that Renee had communicated to her. Lifeteen Life Nights will begin again on Sunday Sept. 8 in the Education Bldg., 6:45-8:30pm and will include a meal again this year. To date there are 21 students registered for Confirmation. Confirmation information sessions will be held on August 18 at Sacred Heart and August 25 at Newman.

Sr. Francine reported that PSR classes will begin on Sept. 8. Registration for PSR will be held for 3 weeks in August. PSR is still in need of a First Grade teacher.

Sonia reported that the Adult Faith Committee presented Bishop Robert Barron’s The Mass video series on three Thursday evenings in July. There were 14-20 people in attendance each week. On August 26-27 Julie Carrick, Catholic singer, songwriter and speaker, will present a two-night mission, “Sipping on Grace” at 6:30pm in the Church. Julie may also be singing at the weekend Masses August 24-25.

The group wrote the following mission statement for the Faith Formation Commission:

“The mission of the Faith Formation Commission of Sacred Heart Parish is to provide opportunities for personal and spiritual growth in order to live and share our faith more fully as Disciples of Christ.”

Ideas for future faith formation events were also discussed. Sr. Francine suggested that possibly some members of the groups traveling to the Arizona border in August and to Israel in November do a presentation to the parish on their experiences. Also, the Care for Creation committee will be doing a book study on Season of Creation Sept. 1 – Oct. 4. Sonia will look for more video series on Bishop Barron’s website to offer since The Mass series was so well received by those attending. Ideas for Advent will be discussed at the next meeting on Tuesday, Sept. 24 at 6:30pm in the church Office.
**Ounce of Prevention**

**Practicing gratitude**

Ways to improve positivity

By Becky Shafer

How often do you feel thankful for the good things in your life? Studies suggest that making a habit of noticing what’s going well in your life could have health benefits.

Taking the time to feel grateful may improve your emotional well-being by helping you cope with stress. Early research suggests that a daily practice of gratitude could affect the body, too. For example, one study found that gratitude was linked to fewer signs of heart disease.

The first step in any gratitude practice is to reflect on the good things that have happened in your life. These can be big or little things. It can be as simple as scoring a good parking space that day or enjoying a hot mug of coffee. Or, perhaps you feel grateful for a close friend’s compassionate support.

Next, allow yourself a moment to enjoy that you had the positive experience, no matter what negatives may exist in your life. Let positive feelings of gratitude bubble up.

“We encourage people to try practicing gratitude daily,” advises Dr. Judith T. Moskowitz, a psychologist at Northwestern University. “You can try first thing in the morning or right before you fall asleep, whatever is best for you.”

Moskowitz has been studying the impact of keeping a daily gratitude journal on stress relief and health. Practicing gratitude is part of a set of skills that her research team encourages people to practice. These skills have been shown to help some people increase their positive emotions.

Her team is trying to better understand how a daily boost in positive emotions can help people cope with stress and improve their mental and physical health.

“By practicing these skills, it will help you cope better with whatever you have to cope with,” Moskowitz explains. “You don’t have to be experiencing major life stress. It also works with the daily stress that we all deal with. Ultimately, it can help you be not just happier but also healthier.”

While practicing gratitude seems to work for some people, it doesn’t for everyone. That’s why Moskowitz’s research team teaches other skills, too. These include meditating and doing small acts of kindness.

Her team has been developing and testing these skills with people who have illnesses like advanced cancer, diabetes, HIV infection, and depression. She’s also worked with people who care for others with serious illness.

When you make gratitude a regular habit, it can help you learn to recognize good things in your life despite the bad things that might be happening. Moskowitz says that when you’re under stress, you might not notice all the moments of positive emotion that you experience. With her research program, she’s trying to help people become more aware of those moments of positive feelings.

“Put some effort into experiencing gratitude on a daily basis and see how it goes,” Moskowitz advises. “It might just surprise you that—despite how bad things are—there are things you feel grateful for alongside it.” And feeling grateful may help improve both your mind and your body.

**Gratitude Tips**

Create positive emotions by being thankful every day:

- **Take a moment.** Think about the positive things that happened during the day.
- **Journal.** Make a habit of writing down things you’re grateful for. Try listing several things.
- **Savor your experiences.** Try to notice positive moments as they are happening.
- **Relive the good times.** Relive positive moments later by thinking about them or sharing them with others.
- **Write to someone.** Write a letter to someone you feel thankful toward. You don’t have to send it.
- **Make a visit.** Tell someone you’re grateful for them in person.

*Source: NIH News in Health (https://newsinhealth.nih.gov/2019/03/practicing-gratitude)*

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**Parish Council**

By Ron Meyer, President

Father Francis opened the meeting with a prayer. The minutes from the July meeting were approved without revisions. The council welcomed Dave Rotert who is taking Mike Urban’s position while he is on sabbatical. Michael Dust from Lifetouch made a presentation regarding a new church directory. Two options were reviewed. One was the traditional hard cover directory that included activity pictures. Option two was a smaller version without activity pictures but that could be updated as often as necessary for a four year period. There was no cost for either option. The council voted to move forward with the second option. There will be a sale of the items in the old office building during the week-end of 8/24–25. The prices for the items have been marked. Refurbishing the long tables in the activity building was discussed. It would cost $125 per table and they would be just like the round tables. The council voted to refurbish 10 tables and to utilize the money from the 50/50 raffle.

The city was contacted regarding demolishing the old office building. We were informed that the owner of the building (the diocese) had to sign the request. The diocese requested a letter to that effect that included the accepted bid to demolish the building. One bid has been received and two others are pending. When the other two are received (and an award made) the letter can be finalized and sent to the diocese.

There was discussion about having a parish assembly this fall, perhaps in October, to inform everyone about recent activities such as the columbarium and getting their feedback. It was decided to hold off on setting an actual date until we had more specific details regarding the columbarium.

Charlene Jayamanne was selected as the first winner of the 50/50 raffle. The award was for $965. The council decided to hold another 50/50 raffle in conjunction with the parish picnic. They also wanted to give their thanks to everyone for making the first raffle a great success and their dedication to Sacred Heart. Finally, the new stove is to be ordered this week.

The meeting ended with the Our Father.

**Volunteer training**

Continued from page 4

you have been considering, please plan to attend our upcoming informational session on Monday, September 9 at 6:15 p.m. We will meet in the church office building. Please come to the front door.

If you are considering becoming an English tutor, we invite you to attend the New Volunteer Information Session on Monday, September 9 at 6:15 PM. You will learn about the many opportunities to get involved and how you can use your unique talents and skills to improve the lives of learners. Find out if English tutoring is the right fit for you! We will meet in the office building.

The information session will include:

- An overview of volunteer opportunities to teach adults.
- Available options for training.
- Tour of our learning center.
- Learn about childcare opportunities on Mondays 6-7:30 PM for the Refugee Program.
- Answers about how to begin volunteering.

Please note: We encourage those who have questions about getting involved, are not sure which training and volunteer options to choose or would like to visit and talk with staff first, to attend this session. It is for informational purposes and is not required to become a volunteer. If you feel you already have enough information and would like to begin volunteering, please email shclanguage@gmail.com.

Tutors do not need to be Sacred Heart Parishioners. We have tutors from OLL and Newman and other non-parishioners who tutor. If you know someone who you think would be a perfect fit for our mission, please ask them to email us or attend the September 9 informational session at 6:15 PM in the church office building.

We will host 3 separate tutor training sessions on September 8, 11 & 12 (choose one) for all tutors who are signed up for the upcoming session.
Annual golf tournament fundraiser to be held Sept. 23

By Gene Gerke

The Eighteenth Annual Paul Prost Memorial Golf Tournament will be held at Columbia Country Club on Monday, September 23. This year we are very pleased to have two signature sponsors, Prost Builders and Missouri Solar Applications.

Proceeds for the tournament benefit the Sacred Heart Building Maintenance Fund. The tournament has generated more than $110,000 to help repair and update Sacred Heart facilities.

There are many opportunities to have fun and support the good cause.

Volunteer to help with the tournament day.

Play in the tournament and compete for great prizes. Just complete and mail the nearby registration form.

Become a tournament sponsor. Sponsorships are $250 and include:
- Sponsor name on sign on the golf course
- Sponsor name on flyer on each golf cart
- Sponsor recognized in The Heart of the Matter newspaper

Many prizes will be awarded including longest drive, longest putt, closest to the pin, and cash prizes for the top three teams in two flights. Plus, fantastic door prizes!

The tournament is in memory of Paul Prost. Paul was a long-time member of the Sacred Heart parish family. He spent countless hours working to improve Sacred Heart’s buildings. Paul was also an avid golfer. Paul and his wife, Bernice, were members of Sacred Heart Parish for six decades.

Tournament Schedule
- Monday September 23
- Location: Columbia Country Club
- 11 am: Registration
- Noon: Lunch
- 1:00 PM: Shotgun Start

Contact Information
Gene Gerke
2105 S. County Club Drive
Columbia MO 65201
573-875-7125 ext. 101
ggerke@gerke.com

Deb Gereke, Christine Tran, Joyce George, and Charlene Jayamanne enjoying last year’s tournament.

Tom Payne won a new driver during the 2018 tournament for making the longest putt on the ninth green.

At Fr. Tolton High School
Eighteenth Annual Paul Prost Memorial Golf Tournament

Columbia Country Club
4-person scramble
Monday September 23, 2019
Noon lunch, 1:00 PM start

Individual and Team Registration – Four Person Scramble
$400 for a team of four
Registration fee includes greens fees, cart, lunch, beverages, prizes, and gifts
Registration deadline is September 17th

Many prizes will be awarded including door prizes, longest drive, longest putt, closest to the pin, and cash prizes for the top teams in two flights.

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Make checks payable to Sacred Heart Church and mail with registration form to:
Debra Klick
Prost Builders, Inc.
P.O. Box 1727
Jefferson City, MO 65102
debra@prostbuilders.com
(573) 635-0211 ext 134

Tournament Dress Code: No denim, no metal spikes, men must wear a collared shirt.

There is no rain date. If the tournament is cancelled because of weather we will still have lunch and beverages and give away prizes!

Proceeds Benefit the Sacred Heart Parish Building Maintenance Fund
Sacred Heart
Annual Parish Picnic
Sunday, Sept. 15 2-6 p.m.
Cosmo Park Lamb Shelter
Knights of Columbus will provide the main course
Meal will begin at 3 p.m.
Be GREEN, bring your own Table setting
Parishioners with last names beginning with:
A-Q — bring a side dish;
R-Z — bring a dessert

Come Join the Fun,
Food and Fellowship!
Convivio
de la parroquía
Domingo, 15 de Septiembre  2-6 pm
Cosmo Park Lamb Shelter
(a lado sur del parque)

Knights of Columbus proveerá
el plato principal
La comida comienza a las 3 pm

Trae tus propios cubiertos
Apellidos comenzando con
A-Q traiga un platillo
R-Z un postre

Vienen a unirse a la diversión,
comida y compañerismo!
Parish Celebrations

Josie Lee Doolady, daughter of Cameron Kurt and Cassie Marie Doolady, was born on June 21, 2019 in Cedar Rapids, IA. She was baptized at Sacred Heart Church after the 4:30 p.m. Mass on Saturday, Aug. 17, 2019. Pictured are dad Cameron holding Josie, big brother Braxton, mom Cassie, Deacon Bill Caubet, and proud grandparents and godparents Patty and Dan Johanningmeier.

Salomé Lugo-Torres, daughter of Jorge Lugo Camacho and Beatiz Torres, received First Communion at the 1 p.m. Mass at Sacred Heart on Sunday, July 28, 2019. Her godparents are Dr. Fernando Lugo-Camacho and Lida Torres-Ordoñez.

Social Concerns

By Barbara Head, Chair

Health Ministry is offering to develop health related curriculum to be used by the Language program. There will be a class on working with people with Autism on Sept. 11 on the MU campus.

Care of Creation, Johanna Bishop is the new chair for this. They plan to go Columbia wide not just Sacred Heart parish. On Aug. 24 there will be a Volunteer Appreciation event and their next meeting will be Sept. 5. Sept. 22 is the next litter cleanup and Sept. 28 from 1-4 will be a creation celebration.

Language Program has recently purchased books, and has 4 recent graduates of the citizenship class who have passed their interviews. Language classes are held on Wednesday mornings and Thursday evenings and they would like to add a Sunday morning class for parents of PSR students. New tutors are always needed and will be trained the week of Sept. 8.

Old Business

Virtually meetings, Jabra Speak—this is ready to present to Parish council for approval.

Bazaar—Joanne Rotert will be the new jewelry co-chairperson, along with Sonia Potts. All the other areas, including the quilt, are ready for the Bazaar which will be December 6 and 7. Peanut Brittle will be made on Sat. Nov. 23; there is a need for white syrup and sugar to make the peanut brittle.

New Business

MO Right To Life - they contacted us and offered to send a speaker to our parish. This speaker is scheduled for Sunday Oct. 27 at 2 p.m. There will be a break for refreshments. Then another speaker from Health Committee to speak on a related topic such as Natural Family Planning or Women’s Health.

Time and Talent - this will be done the weekends of Sept. 21/22 and 28/29. We would like to have someone from Social Concerns talk at all the Masses to encourage parishioners to volunteer.

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“The inevitable result of love is incarnation. The inevitable result of incarnation is crucifixion.” – Generally Speaking

“The cross, though it has at its head a collision and a contradiction, can extend its four arms for ever without altering its shape. Because it has a paradox in its center it can grow without changing. The circle returns upon itself and is bound. The cross opens its arms to the four winds; it is a signpost for free travelers.” – Orthodoxy

“The sign in which we conquer is the cross and not the weathercock.” – Illustrated London News, Dec. 16, 1916

Mission Statement

The mission of Heart of the Matter is to be a communication tool for Sacred Heart Parish. It is our goal to inform, to instruct, to evangelize, and at times, to amuse readers. We rely on God’s grace and on the efforts of many volunteers to fulfill this mission. Heart of the Matter is published monthly by Sacred Heart Church, Columbia, MO.

“BROTHER, CAN YOU SPARE A DIME?”
Just $1 will provide 15 meals for those in need. Support the Central Missouri Food Bank by calling (573) 474-1020.

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Gives you:
assurance of clever design, durable craftsmanship, high value, reasonable prices, long-term satisfaction, and a warranty you can count on.

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